Take Your Aim



编舞者: Adam Åstmar (SWE) - October 2020 音乐: All Eyes on You - Smash Into Pieces



Intro: 16 counts, approx. 11 seconds, starting on the first clear beat.

Sequence: A - B - A - A - B - A - B - A - A - Ending

Sect - A1: L Side. Sailor 1/8 Step with Body Roll. Ball. L Forward. ¼ L Lean Back, Aiming "Gun". ½ R. Ball. Cross.

- 1 2 & (1) Make a heavy step (Like a stomp) to the left on LF. (2) Cross RF behind LF.(&) Step slightly to the left on LF, turning 1/8 to the right.
- 3 4 & (3) Step forward on RF, rolling body forward. (4) Finish body roll, weight on LF. (4) Ball step RF next to LF.
- 5 6 (5) Step forward on LF, placing both hands next to chest with fingers pointing up and hands formed as if holding a "gun". (6) Turn 3/8 to the left, stepping back on RF, bending R knee while leaning back, lifting L toe up and point your "gun" forward.
- 7 & 8 (7) Recover on LF from leaning back and turn ½ to the right. (&) Ball step RF next to LF. (8) Cross LF over RF.

Sect - A2: 1/4 R. Chase 1/2 Turn. R Forward. Diagonal Step-Touches L, R. Chasse 1/4 L.

- 1 2 & (1) Turn ¼ to the right, stepping forward on RF. (2) Step forward on LF. (&) Turn ½ to the right, weight on RF.
- 3 4 Walk forward on (3) LF, (4) RF.
- 5 & 6 & (5) Step diagonally forward on LF. (&) Touch RF next to LF. (6) Step diagonally forward on RF.(&) Touch LF next to RF.

Optional: Slightly bend knees for these steps, while also raising arms to the sides and up.

7 & 8 (7) Step to the left on LF. (&) Close RF next to LF. (8) Turn 1/8 to the left, stepping forward on LF.

Sect - A3: Ball. Touch Behind. ¾ Unwind L with Sweep. Cross Rock. Ball. Cross. Point. ¼ R with Sweep. Cross. Side.

- & 1 2 (&) Ball step slightly forward on RF. (1) Touch LF behind RF.(2) Unwind ¾ to the left, placing weight on LF and sweeping RF from back to front.
- 3 4 & (3) Cross rock RF over LF. (4) Recover on LF. (&) Ball step to the right on RF.
- 5 6 (5) Cross LF over RF. (6) Point to the right with R.
- 7 8 (7) Turn ¼ to the right, stepping down on RF, sweeping LF from back to front. (8) Cross LF over RF.

Sect - A4: 1/8 L Rock Back. 5/8 Spiral Turn R. Walk R, L, R. ¼ Turn L Together. Cross. Side. Cross.

- & 1 2 (&) Step to the right on RF. (1) Turn 1/8 to the left, rocking back on LF. (2) Recover on RF.
- 3 4 (3) Step to the left on LF and make a spiral turn 5/8 to the right. (4) Step forward on RF.
- 5 6 & Walk forward on (5) LF, (6) RF. (&) Turn 1/4 to the left, closing LF next to RF.
- 7 8 & (7) Cross RF over LF. (8) Step to the left on LF. (&) Cross RF over LF.

Sect - B1: ½ Rumba Box. Mambo Forward. Coaster Step. Step ¼ Turn Cross.

- 1 & 2 (1) Step to the left on LF. (&) Close RF next to LF. (2) Step forward on LF.
- 3 & 4 (3) Rock forward on RF. (&) Recover on LF. (4) Take a big step back on RF, dragging LF towards RF.
- 5 & 6 (5) Step back on LF. (&) Close RF next to LF. (6) Step forward on LF
- 7 & 8 (7) Step forward on RF. (&) Turn 1/4 to the left, weight on LF. (8) Cross RF over LF.

Sect - B2: 2x 1/4 R. Step 3/4 Turn Step Side. Coaster Step. L Forward. Rock R Side. Cross.

1 - 2
(1) Turn ¼ to the right, stepping back on LF. (2) Turn ¼ right, stepping forward on RF.
3 & 4
(3) Step forward on LF. (&) Turn ½ to the right, weight on RF. (4) Turn ¼ to the right, stepping to the left on LF.
5 & 6 &
(5) Step back on RF. (&) Close LF next to RF. (6) Step forward on RF. (&) Step slightly forward on LF.
7 - 8 &
(7) Rock to the right on RF. (8) Recover on LF. (&) Cross RF over LF.

Optional: right before the Rock step, you can the first two times you do B make a little "reloading" motion with your hands, like you are reloading your "gun" for the next round.

Ending: Step to the left, turning ¼ in either direction and shoot your "gun".

Have fun!