

# Poison

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Seonhee Lim (KOR) & Jan Brookfield (UK) - October 2020  
音乐: Poison (포이즌) - Uhm Jung Hwa (엄정화)



Dance starts on vocals

## Section 1 : ROCK, RECOVER, ROCKING CHAIR, FORWARD SHUFFLE

1,2      Rock R forward, recover weight back onto L  
3,4,5,6      Rock R forward, recover onto L, rock R back, recover onto L  
7&8      Shuffle forward on R,L,R

## Section 2 : ROCKING CHAIR, PIVOT ½ TURN, SHUFFLE FORWARD

1,2,3,4      Rock L forward, recover onto R; rock L back, recover onto R  
5,6      Step L forward, pivot half turn over right shoulder, weight now on R  
7&8      Shuffle forward on L,R,L (6 o'clock)

## Section 3 : SWAY OR CIRCLE HIPS ANTICLOCKWISE FOR 4 COUNTS; STEP, TOUCH, STEP, TOUCH

1,2,3,4      Step R to right side swaying hips right,, recover weight onto L, sway onto R, recover onto L  
**\*Alternatively : Step R to right side, then circle hips twice anticlockwise, ending with weight on L**  
5,6,7,8      Step R to right side, touch L next to R; step L to left side, touch R next to L

## Section 4 : CHASSE RIGHT, ROCK BACK, RECOVER; CHASSE LEFT WITH ¼ TURN RIGHT, ROCK BACK, RECOVER

1&2,3,4      Step R to right side, close L to R, step R to right side; rock L back, recover onto R  
5&6,7,8      Making a quarter turn over right shoulder step L to left side, close R to L, step L to left side; rock R back, recover onto L (9 o'clock)

START AGAIN