Time to Swing

拍数: 48

级数: High Beginner

编舞者: Nils Ole Nilsen (NOR) - November 2020

音乐: Time to Swing - Scooter Lee

[1-8]: Kick, kick, rockstep back, step right, touch, step left, touch.

- 1-2 Kick RF across LF, kick forward with R,
- 3-4 Rockstep back with RF, recover weight back to LF.
- 5-6 Step RF to the right, touch LF next to RF.
- 7-8 Step LF to the left, touch RF next to LF.

[9-16]: Step forward, kick, kick, rockstep, step forward, scuff, hitch ¼ turn.

- 1,2,3 Step forward on RF, kick LF across RF, kick LF forward
- 4-5 Rockstep back on LF, recover weight back to RF.
- 6,7,8 Step forward on LF, scuff forward on RF direct into hitch on RF and while you're in "hitchposition" turn 1/4 left.

[17-24]: Step forward, point, step forward, point, jazzbox.

- 1-2 Step forward on RF, point LF to the left.
- 3,4 Step forward on LF, point RF to the right.
- 5,6 Cross RF over LF, step back on LF,
- 7,8 Step RF to right side, step LF next to RF. (weight on LF).

[25-32]: Rocking chair, stomp diagonally forward, swivel heel toe heel

- 1,2 Rockstep forward on RF, recover weight back to LF.
- 3,4 Rockstep back on RF, recover weight back to LF.
- 5,6,7,8 Stomp RF diagonally forward, swivel left heel, toe, heel info RF.

[33-40]: Stomp diagonally forward, stomp heel toe heel,1/4 Monterey turn, point, step

- 1,2,3,4 Stomp LF diagonally forward, swivel right heel, toe, heel info LF
- 5,6 Point RF to right side and turn ¼ towards right
- 7,8 Point LF to left side, step LF next to RF.

[41-48]: ¼ Monterey turn, point, step, grapevine

- 1,2 Point RF to right side and turn ¹/₄ towards right
- 3,4 Point LF to left side. Step LF next to RF.
- 5,6,7,8 Step R to right, cross LF behind RF, step RF to right and step LF next to RF.

End of Dance! No tags, No restarts, just dance

Enjoy!





墙数:4