The Strongest

拍数: 32

级数: Improver

编舞者: Hotma Tiarma Purba (INA) & Wandy Hidayat (INA) - November 2020

音乐: Strongest (Alan Walker Remix) - Ina Wroldsen

I. SAMBA WHISK R-L, ROCKING CHAIR, FWD, ½ TURN R

- 1&2 Step R to side, step L behind R, recover on R
- 3&4 Step L to side, step R behind L, recover on L
- 5&6& Step R fwd, recover on L, step R back, recover on L
- Step R fwd, ¹/₂ turn R stepping L back, step R back (6.00) 7&8

II. MAMBO, WALK SAMBA, LOCK SHUFFLE, MAMBO

- 1&2 Step L back, recover on R, step L fwd
- 3-4 Step R fwd, step L fwd
- 5&6 Step R fwd, lock L behind R, step R fwd
- 7&8 Step L fwd, recover on R, step L back

#restart here on wall 4 and 9

III. SAMBA PRESS, DIAMOND

- 1&2 Press R back, recover on L, press R next to L
- 3&4 Press L back, recover on R, press L next to R
- Cross R over L, 1/8 turn R stepping L to side, step R back 5&6
- 7&8 Step L back, 1/8 turn R stepping R to side, cross L over R (9.00)

IV. SIDE, TOGETHER, SIDE, TOGETHER, MAMBO WITH SHIMMY

- 1-2 Step R to side, close L beside R
- 3-4 Step R to side, close L beside R
- 5&6 Step R to side, recover on L, close R beside L
- 7&8 Step L to side, recover on R, close L beside R

(do 5-8 with shimmy)

Enjoy the dance!

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