I Ain't For It Baby



拍数: 32 墙数: 4 级数: Beginner

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音乐: I Ain't for It - Dion



#16 Count Intro - No Tags, No Restarts

[1-8] CHARLESTON x2

Step forward on right, kick forward on left, step back on left, touch right toe to back.
Step forward on right, kick forward on left, step back on left, touch right toe to back.

[9-16] ROCK RECOVER, SHUFFLE 1/4, SHUFFLE 1/4, COASTER STEP

1-2	Rock forward on right, recover onto left
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Shuffle forward as you start your ¼ turn right by stepping right, left, right. (3:00)

Continue to shuffle to your right another ¼ turn by stepping left, right, left. (6:00)

7&8 Step back on right, step left next to right, step forward on right.

[17-24] SIDE ROCK, CROSSING SHUFFLE, 1/4 TURN MONTEREY

1-2 Rock left to left side, recover onto right.

3&4 Cross left over right, step right to right side, cross left over right.

5-6 Touch right toe to right side, pivot ¼ on ball of left foot and step right next to left. (9:00)

7-8 Point left toe to left side, step left next to right.

[25-32] ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER, SHUFFLE FORWARD

1-2 Rock forward on right, recover onto left.
3&4 Shuffle back by stepping right, left, right.
5-6 Rock back on left, recover onto right.
7&8 Shuffle forward by stepping left, right, left.

May You Always Dance Like No One Is Watching

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