Moses Roses Toeses

级数: Improver / Intermediate

编舞者: Amy Glass (USA) - November 2020 音乐: Soul - Lee Brice : (iTunes - 2:48)

墙数:4

#16 Count Intro Restart wall 4	
[1-8] Step Fwd R, Point L w/ Snap, L Sailor, R Sailor w/ ¼ R, ½ L, ¼ L w/ Sweep	
1-2	Step Fwd on RF, Point LF to L while snapping L fingers to L
3&4	Step LF behind RF, Step RF to R, Step LF to L
5&6	Step RF behind LF, Step LF to L, Step RF fwd while turning ¼ R (keeping feet/thighs close together to prep for upcoming turn) (3:00)
7-8	Pivot $\frac{1}{2}$ L (9:00) placing weight on LF, Turn $\frac{1}{4}$ L while stepping RF next to LF & sweeping LF from front to back (6:00)
[9-16] Behind Side Cross, Press R Recover, Behind, Side Cross, Side/Drag Touch	
1&2	Step LF behind RF, Step RF to R, Cross LF over RF
3-4	Press RF to R diagonal (optional push hips toward diagonal), Recover weight back on LF
5&6	Step RF behind LF, Step LF to L, Cross RF over LF
7-8	Step LF to L (big step), Drag RF and touch it next to LF
[17-24] & Heel & Touch, & Point & Point, & Press, ¼ L, L Coaster	
&1&2	Step RF back, Touch L heel fwd, Close LF next to RF, Touch RF next to LF
&3&4	Step RF next to LF, Point LF to L, Close LF next to RF, Point RF to R
&5-6	Close RF next to LF, Press LF to L, Recover weight back on R while turning ¼ L (3:00)
7&8	Step LF back, Close RF next to LF, Step LF fwd
[25-32] Step Pivot ½ L, Lock Step Triple ½ L, Walk Back x2, L Coaster	
1-2	Step RF fwd, Pivot ½ L (9:00)
3&4	Continue turning $\frac{1}{2}$ L while stepping RF to side (6:00) Lock LF over RF, Step RF back completing the $\frac{1}{2}$ turn R (3:00)
5-6	Walk back L, R
7&8	Step LF back, Close RF next to LF, Step LF fwd

Restart: Wall 4. Start the dance facing 9:00, Restart facing 3:00 after 16 counts

**Tip: Keep weight slightly forward on that touch just prior to the restart to keep your momentum moving the right direction to step forward on count 1 for the restart.

Contact: amyleeanne@gmail.com Last Update - 23 Nov. 2020



拍数: 32