

How Did You Get Here

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate Rolling Count
编舞者: Esmeralda van de Pol (NL) - November 2020
音乐: How Did You Get Here - Céline Dion : (Album: Courage)



INTRO: 16 COUNTS

S1: ROCK / LUNGE TO R SIDE, 1/2 TURN L, BEHIND SIDE SWEEP, BEHIND SIDE CROSS, SIDE ROCK, CROSS, 1/8 TURN L SIDE, COASTER STEP

1-2a3 Lunge to R side, 1/4 turn L weight on LF, 1/4 turn L-step to R side, Step LF behind RF sweep RF to back - 06.00
4&a5 Step RF behind LF, Step LF to L side, Cross RF over LF, Rock LF to L side
6a7 Recover weight on RF, Cross LF over RF, 1/8 turn L-step RF to R side - 04.30
8&a Step LF back, Step RF next to LF, Step LF fwd

S2: STEP FWD HITCH, COASTER STEP, STEP-1/2 TURN L-STEP, STEP FWD SWEEP, JAZZBOX 3/8 TURN R, FULL TURN, FULL TURN L

1-2a3 Step RF fwd and Hitch LF, Step LF back, Step RF next to RF, Step LF fwd
4&a5 Step RF fwd, 1/2 turn L-weight on LF, Step RF fwd, Step LF fwd sweep RF in front of LF - 10.30
6&a7 Cross RF over LF, 1/8 turn R-step LF back, 1/4 turn R-step RF to R side, Step LF fwd - 03.00
8a 1/2 turn L-step RF back, 1/2 turn L-step LF fwd - 03.00

S3: POINT, HITCH, 1/2 TURN R POINT L, 1/8 TURN L, BACK, BACK ROCK, RECOVER, 1/4 TURN L, BACK, BACK, 1/8 TURN L BEHIND SIDE CROSS

1-2a3 Point RF to Side, Hitch RF knee, 1/2 turn R-step down on RF, Point LF to L side - 09.00
4&a5 Cross LF over RF, 1/8 turn L-step RF to R side, Step LF back, Rock RF back - 07.30
6&a7 Recover weight on LF, 1/8 turn L- Step RF to R side, 1/8 turn L-Step LF back, Step RF back sweep LF 04.30
8&a 1/8 turn L- Step LF behind RF, Step RF to R side, Cross LF over RF - 03.00

S4: HINGE 1/2 TURN L, SIDE ROCK, RECOVER 1/4 TURN L, BACK, COASTERSTEP, FWD SWEEP, CROSS SIDE BEHIND, SIDE ROCK, 3/4 TURN R

1-2a Step RF to R side and make 1/2 Turn L on your RF, Rock LF to L side, Recover on RF with 1/4 turn L 06.00
3 Step LF back
4&a5 Step RF back, Step LF next to RF, Step RF fwd, Step LF fwd sweep RF to Front
6&a7 Cross RF over LF, Step LF to L side, Step RF behind LF, Rock LF to L side
8a 1/4 turn R- weight on RF, 1/2 turn R step LF back - 03.00**

****You need to make a extra 1/4 turn R to start the dance again with your Lunge / Rock to the side**

Tag: After wall 1 and 3 (both on 06.00)

SIDE ROCK R, RECOVER & SIDE, BEHIND SIDE CROSS, SIDE ROCK RECOVER, CROSS SIDE, BEHIND SIDE CROSS

1-2a3 Rock RF to R side, Recover weight on LF, Step RF next to LF, Step LF to L side
4&a Step RF behind LF, Step LF to L side, Cross RF over LF
5-6a7 Rock LF to L side, Recover weight on RF, Cross LF over RF, Step RF to Side
8&a Step LF behind RF, Step RF to R side, Cross LF over RF

Dance With Esmeralda

Esmeralda v.d. Pol

www.esmeralda-dancers.com

esmeraldadancers@gmail.com

