

Pane Amore E Fantasia

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数:
编舞者: Kristinawati (INA) - November 2020
音乐: Pane Amore E Fantasia - Roberta Cappelletti



Restart : on wall 4 after 8 count
Start dancing after 16 count

Sec 1. MAMBO FORWARD - MAMBO BACKWARD - MAMBO SIDE - MAMBO SIDE

1&2 Rock R forward, recover on L, step R next to L
3&4 Rock L backward, recover on R, step L next to R
5&6 Rock R to side, recover on L, step R next to L
7&8 Rock L to side, recover on R, step L next to R

Sec 2. SAMBA WHISK - SAMBA WHISK - SIDE-TOGETHER - SIDE-TOGETHER

1&2 Step R to Side, Rock L back, Recover on R
3&4 Step L to side, rock R back, recover on L
5-8 Step R to side, step L next to R, step R to side, step L next to R (with shimmy shoulders)
(12.00)

Sec 3. BOTA FOGO - BOTA FOGO - RUNNING BACK - COASTER STEP

1&2 Cross R over L, rock L to side, recover on R
3&4 Cross L over R, rock R to side, recover on L
5&6 Step back on R, L, R
7&8 Step L back, step R next to L, step L forward (12.00)

Sec 4. FORWARD LOCK SHUFFLE, FORWARD LOCK SHUFFLE, PADDLE TURN 4x

1&2 Step R forward, lock L behind, step R forward
3&4 Step L forward, lock R behind, step L forward
5&6&7&8& (1/8 turn to left rock R to side, recover on L) 4x (06.00)

Tag 1. JAZZ BOX - SWAY (AFTER WALL 1&4)

1-3 Cross R over L, step L back, step R to side
4-9 Step L to side and sway, sway R, L, R, L, R
10 Step L to Side and Hitch R

Tag 2. AFTER WALL 2&5

1-2 Step R next to L, step L in place

Tag 3. AFTER WALL 7

1-4 Crossover L, step L back, step R to side and sway L

Last Update - 30 Jan. 2021