# Hao Shi Yang Yang Lai



**拍数:**64

**墙数:**1

级数: Phrased Improver

编舞者: Penny Tan (MY) & Belinda Yoong (MY) - December 2020

**音乐:** Hao Shi Yang Yang Lai (好事样样来) - Gean Lim (林必媜) : (2021年 METRO MUZIK)

Start intro dance approx. 2 seconds (2 counts) SOD: INTRO / ABB / INTRO / ABB / ABB /A-(16C) / Ending

#### INTRO(32 Counts)

#### iSEC1: WALK FWD R-L, FWD SHUFFLE, SIDE, BACK TOUCH L - R

- 1-2 Walk fwd RF , walk fwd LF
- 3&4 Fwd shuffle R-L-R
- 5-6 Step LF to L , touch RF behind LF
- 7-8 Step RF to R ,touch LF behind RF

#### iSEC2: WALK BACK L-R , BACK SHUFFLE, SIDE BACK TOUCH R - L

- 1-2 Walk back LF ,walk back RF
- 3&4 Back shuffle L-R-L
- 5-6 Step RF to R, touch LF behind RF
- 7-8 Step LF to L , touch RF behind LF

#### iSEC3: 1/4 TURN R , WALK A SMALL ROUND , TOUCH, 1/4 TURN L, WALK A SMALL ROUND, TOUCH

- 1-4 <sup>1</sup>/<sub>4</sub> turn R , walk R-L-R to make a small round , touch LF next to RF(12:00)
- 5-8 <sup>1</sup>/<sub>4</sub> turn L , walk L-R-L to make a small round, touch RF next to LF(12:00)

#### iSEC4: CROSS SAMBA R-L , WALK BACK RLR ,STEP

- 1&2 Cross RF over LF , step LF to L , recover on R
- 3&4 Cross LF over RF , step RF to R , recover on L
- 5-8 Walk back R-L-R, step LF next to RF

#### MAIN DANCE

A(32 Counts)

#### SECA1: SIDE TOUCH R-L , ROCKING CHAIR

- 1-2 Step RF to R ,touch LF next to RF
- 3-4 Step LF to L , touch RF next to LF
- 5-6 Step RF fwd , recover LF on L
- 7-8 Step RF back , recover LF on L

#### SECA2: DIAGONAL SHUFFLE , BRUSH (R-L)

- 1-4 Diagonally fwd shuffle R-L-R , brush LF diagonally to L
- 5-8 Diagonally fwd shuffle L-R-L ,brush RF fwd

\*short happening here .

#### \*\*Optional: Short with step change :on count 8 , touch RF next to LF

#### SECA3: BACK SHUFFLE(R-L-R ), BACK ROCK , RECOVER

- 1&2 Back shuffle R-L-R
- 3&4 Back shuffle L-R-L
- 5&6 Back shuffle R-L-R
- 7-8 Step LF back ,recover on R

# SECA4: HEEL OUT , STEP (L -R), IN PLACE CROSS CHA CHA

1-2 Touch L heel out to L (a bit diagonally), step LF next to RF



- 3-4 Touch R heel out to R (a bit diagonally),step RF next to LF
- 5&6& In place, cross LF over RF , lock RF behind LF , cross LF over RF , lock RF behind LF
- 7&8 In place ,cross LF over RF , lock RF behind LF,cross LF over RF

# B(32 Counts)

# SECB1: CROSS, HOLD (R-L), COASTER STEP, FWD SHUFFLE

- 1-2 Cross RF over LF , hold
- 3-4 Cross LF over RF, hold
- 5&6 Step RF back , step LF next to RF , step RF fwd
- 7&8 Fwd shuffle L-R-L

#### SECB2: CROSS, KICK DIAGONALLY (R-L), FWD ROCK, RECOVER, 1/2 TURN R FWD SHUFFLE

- 1-2 Cross RF over LF , kick LF diagonally to L
- 3-4 Cross LF over RF , kick RF diagonally to R
- 5-6 Step RF fwd , recover on L
- 7&8 1/2 turn R , fwd shuffle R-L-R(6:00)

### SECB3: FWD , ½ TURN R STEP FWD , FWD SHUFFLE , CROSS, RECOVER , SIDE CHASSE

- 1-2 Step LF fwd , 1/2 turn R ,step RF fwd
- 3&4 Fwd shuffle L-R-L(12:00)
- 5-6 Cross RF over LF
- 7&8 Step RF to R , step LF next to RF ,step RF to R

#### SECB4: CROSS , RECOVER , SIDE TOGETHER , 1/4 L TURN , FWD , 1/4 TURN L , WALK A SMALL ROUND, FWD

- 1-2 Cross LF over RF , recover on R
- 3&4 Step LF to L , step RF next to LF ,1/4 turn L , step LF fwd
- 5-8 1/4 turn L , walk a small round (5-7), step LF fwd (8) , facing12:00

# ENDING: After the A-(16 counts), dance the Ending : do the 32 counts Intro for the ending

#### Happy dancing and Happy CNY! Wishing all of you all the best!

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