# You Are the Best of Me



拍数: 32 墙数: 4 级数: Ultra Beginner

编舞者: Pat Newell (USA) - 30 November 2020

音乐: Best of Me - Delbert McClinton



### PATIO DANCING 2020 - 32 in.

## **ROCKING CHAIR, 1/2 PIVOT LEFT**

1-4 Rock fwd on R, recover on L, rock back on R, recover on L

5-8 Step fwd on R, pivot 1/2 left on L, triple fwd RLR

## **ROCKING CHAIR, 1/4 PIVOT RIGHT 9:00**

1-4 Rock fwd on L, recover on R, rock back on L, recover on R

5-8 Step fwd on L, pivot 1/4 R, triple fwd LRL 9:00

## ROCK RECOVER, STEP BACK, HOLD COASTER STEP FWD, BRUSH

1-4 Rock fwd on R, recover on L, step back on R, Hold

5-8 Step back on L, step together on R, step fwd on L, brush

## JAZZ BOX, V STEP

1-4 Step R over L, step back on L, step R beside L, step fwd on L

5-8 Step out and slightly fwd on R, step out and slightly fwd on L, Step in on R step in on L

Choreographed by Pat Newell 11-30-20 DANCE FOR THE HEALTH OF IT