

Classic Stride

拍数: 32 墙数: 4 级数: Improver
编舞者: Aurora de Jong (USA) - December 2020
音乐: Break My Stride - Matthew Wilder



Dance begins after a 32 count intro - NO TAGS OR RESTARTS!

[1-8]: Walk R L, out out in in, rock forward and recover, 1/2 turn right shuffle

1-2 step R forward (1), step L forward (2)
&3&4 step R to out right (&), step L to out to left (3), bring R back in (&), bring L back in (4)
5-6 rock R forward (5), recover to L (6)
7&8 step R forward turning 1/2 right (7), step L to R (&), step R forward (8) (6:00)

[9-16]: step L 1/4 right, hold, R and L ball point, 1/4 left paddle (2x), R kick ball point

1-2 step L to left turning 1/4 right (1), hold (2) (9:00)
&3&4 step R to L (&), point L out to left (3), step L to R (&), point R out to right (4)
&5&6& hitch R (&), step R to right turning 1/4 left (5) (6:00), hitch R (&), step R to right turning 1/4 left (6) (3:00), hitch R (&)
7&8 kick R forward (7), step R to L (&), point L to left (8)

[17-24]: modified heel jack, side step, R and L sailor steps back

1&2&3 step L behind R (1), step R to right (&), extend L heel (2), bring L to R (&), cross R over L (3)
4 step L to left (4)
5&6 step R behind L (5), step L back (&), step R forward at slight right diagonal (6)
7&8 step L behind R (7), step R back (&), step L forward at slight left diagonal (8)

[25-32]: cross, 1/4 turn right step, rock and recover, R shuffle forward, step hitch with 1/4 turn left

1-2 cross R over L (1), step L back making 1/4 turn right (2) (6:00)
3-4 rock R back (3), recover to L (4)
5&6 step R forward (5), step L to R (&), step R forward (6)
7-8 step L forward (7), hitch R making 1/4 turn left (8) (3:00)

Dance ends after completing Wall 9. To end at the front wall, on count 32, hitch and turn left to the 12:00 wall.

Enjoy!

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Last Update - 7 Mar 2022