This Is What We Live For



编舞者: Hiroko Carlsson (AUS) - December 2020

音乐: This Is What We Live For - Big Daddy Weave: (Spotify)



(Dance starts on lyrics)

1&2	Step L to the side, Step R behind L, Make a ¼ urn left stepping forward on L
&3&	Step forward on R, Make a 1/4 turn left recover weight on L, Cross R over L (6:00)

4& Make a ¼ turn right stepping back on L, Make a ½ turn right stepping forward on R (3:00)

5&6& Step forward on L, Step R next to L, Step back on L, Step back on R

7&8& Step back on L, Touch R toe across L, Step forward on R, Touch/tap L toe behind R

[S2] Back w/ Sweep, Back Rock, Fwd Rock-1/2R-1/2R, Side, Rock Back, Side, Rock Back-1/4R

1 2&	Step/push back on I	and sweeping R foot around	. Rock back on R.	Recover weight on L

3& Rock forward on R, Recover weight on L

4& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L (3:00)

5 6& Step/push R to the side, Rock back on L, Recover weight on R

7&8& Step L to the side, Rock back on R, Recover weight on L while making a ¼ turn right, Step

forward on R** (6:00)

[S3] Step-Kick-Half Turn-Step-Kick-Quarter Turn, Step-Lock-Step, Step-Pivot 1/2L-Full Turn w/ Sweep

1&	Step forward on L, Twist your body to the right while kicking forward on R
2&	Step back on R, Make a ½ turn left stepping forward on L (12:00)
3&	Step forward on R, Twist your body to the left while kicking forward on L
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4& Step back on L, Make a ¼ turn right stepping R to the side (3:00)

5&6 Step forward on L, Lock R behind L, Step forward on L

&7 Step forward on R, Make a ½ turn left recover weight on L (9:00)

&8 Make a ½ turn left stepping back on R, Make a ½ turn left stepping forward on L and

sweeping R foot around (9:00)

[S4] Fwd Rock-1/2R-1/2R-Reverse Rocking Chair-1/2R-1/2R-Behind-Side-Cross Shuffle

1& Rock forward on R, Rec	over weight on L
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2& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L and

sweeping R foot around (9:00)

3&4& Rock back on R, Recover weight on L, Rock forward on R, Recover weight on L

5& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L and

sweeping R foot around (9:00)

6& Step R behind L, Step L to the side

7&8 Cross R over L, Step L close to R, Cross L over R

Restart on Wall 3 count 16** (12:00)

The last wall (starts at 9:00) - dance up to S2, then Step-Kick-Quarter Turn to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 23/Dec/20)