

Peng You (Friends)

COPPER KNOB
STEPSHEETS

拍数: 66 墙数: 2 级数: Phrased Intermediate
编舞者: Adeline Cheng (MY) & Jennifer Choo Sue Chin (MY) - December 2020
音乐: Friends - Emil Wakin Chau



Phrasing: ABA TT ABB+ BA- ATA

Intro: 16+4 count (on the 3rd syllable of the vocal 'nian')

Part A (32 counts)

Set 1: R & L Nightclub Basic, 1/4R Sweep into Weave

- 1 RF take a big step to R 12:00
2&3 Step LF behind RF, Cross RF over LF, LF take a big step to L 12:00
4&5 Step RF behind LF, Cross LF over RF, 1/4R stepping RF fwd and sweep LF to front 3:00
6&7 Cross LF over RF, Step RF to R, Step LF behind RF and sweep RF to back 3:00
(A-: For the 4th A, dance only above 7 counts, then add a 1/4R RF back rock to restart A facing 12:00)
8&1 Step RF behind LF, Step LF to L, Cross rock RF over LF 3:00

Set 2: Cross Rocks, 1/2R Curvy Weave

- 2&3 Recover on LF, Step RF to R, Cross rock LF over RF 3:00
4&5 Recover on RF, Step LF to L, 1/8R Cross RF over LF 4:30
&6 1/8R stepping LF to L, 1/8R Stepping RF behind LF 7:30
&7 1/8R stepping LF to L, Crossing RF over LF 9:00

Set 3: L&R Side Rock Cross, Half Diamond Fallaway

- 8&1 Rock LF to L, Recover on RF, 1/8R Cross LF over RF 10:30
2&3 1/8L Rock RF to R, Recover on LF, 1/8L Cross RF over LF 7:30
4&5 Step LF fwd, 1/8L step RF to R, 1/8L step LF back 4:30
6&7 Step RF back, 1/8L step LF to L, 1/8L step RF fwd 1:30

Set 4: 3/8R Chase Turn, Full Turn L Fwd, Rock Recover, Back with Sweep Back 3x, Back Rock

- 8&1 Step LF fwd, 3/8R pivot shifting weight on R, Step LF fwd 6:00
2&3 1/2L step back on RF, 1/2L step fwd on LF, Step RF fwd 6:00
4&5 Rock LF fwd, Recover on RF, Step back on LF and sweep RF to back 6:00
6-7 Step back on RF and sweep LF to back, Step back on LF and sweep RF to back 6:00
8& Rock RF back, Recover on LF 6:00

Part B (34 counts)

Set 1: Side Behind, Diagonal Walks, Fwd Rock Recover, Back Together, Fwd Shuffle Sweep

- 1&2&3 Step RF to R (6:00), Step LF behind RF, 1/8R step RF fwd, Step LF fwd, Step RF fwd 7:30
4&5& Rock LF fwd, Recover on RF, Step back on LF, Close RF next to LF 7:30
6&7 Step LF fwd, Close RF next to LF, Step LF fwd and sweep RF to front with a 1/8L 6:00

Set 2: Cross Side, 1/4R Rock Back Recover, 1/2L Rock Back, Fwd Full Turn R, 3/4R Pivot Side, Back Rock

- 8&1 Cross RF over LF, Step LF to L, 1/4R rock RF back 9:00
2&3 Recover on LF, 1/4L Step RF to R, 1/4L rock LF back 3:00
4&5 Recover on RF, 1/2R stepping back on LF, 1/2R stepping fwd on RF

Easier options: Fwd Shuffle or runs (RF, LF, RF) 3:00

- 6&7 Step LF fwd, 1/2R pivot shifting weight on RF, 1/4R stepping LF to L 12:00
8& Rock RF back, Recover on LF 12:00

Set 3: Repeat Set 1 12:00

Set 4: Repeat Set 2 until count 7 and add the following steps

8-9 Sway R, Sway L (B+: On the 3rd B, add 2 more sways!) 6:00
10& Rock RF back, Recover on LF 6:00

Tag (2 counts)

1-2 Sway R, Sway L (first two tags are facing 12:00, while the last one is facing 6:00)

Note: The dance is dedicated to all our students and friends, we appreciate our friendship and cherish the memories we have made through the years.
