

Girl

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Silvia Schill (DE) - January 2021
音乐: Girl Like Me - Cam



The dance begins with the vocals

S1: Rock forward & rock back & prissy walk 2, step-pivot ¼ r-cross-side

- 1-2& Step forward with LF - weight back on RF and LF beside RF
- 3-4& Step back with RF - weight back on LF and RF beside LF
- 5-6 2 steps forward, cross slightly over each (l - r)
- 7& Step forward with LF and ¼ turn right around on both balls, weight at end right (3 o'clock)
- 8& Cross LF over RF and step right with RF

S2: Rock across-side-rock across-side-cross-sweep, cross-side back-rock back

- 1-2& Cross LF over RF - weight back on RF and step left with LF
- 3-4& Cross RF over LF - weight back on LF and step right with RF
- 5-6& Cross LF over RF - swing RF forward in a circle, cross over LF and step left with LF
- 7& Step back with RF and swing LF in circle to back
- 8& Step back with LF and weight back on RF

Tag/Restart: In the 5. round - direction 12 o'clock - break here, hold and start again with the vocals

S3: Step-pivot ½ r-step, step-pivot ½ l-step, ½ turn r-½ turn r-step-pivot ½ r-step-pivot ¼ r-cross

- 1&2 Step forward with LF - ½ turn right around on both balls, weight on end right, and step forward with LF (9 o'clock)
- 3&4 Step forward with RF - ½ turn left around on both balls, weight on end left, and step forward with RF (3 o'clock)
- 5& ½ turn right around and step back with LF and ½ turn right around and step forward with RF
- 6& Step forward with LF and ½ turn right around on both balls, weight at end right (9 o'clock)
- 7&8 Step forward with LF - ¼ turn right around on both balls, weight at end right, and cross LF over RF (12 o'clock)

End: Dance ends after '3' in the 7th. Round - direction 12 o'clock

S4: Prissy walk 2, rock forward-back & step-pivot ¼ l-cross, ¼ turn r-¼ turn r-step &

- 1-2 2 steps forward, cross slightly over each (r - l)
- 3& Step forward with RF and weight back on LF
- 4& Big step backward with RF (left toe stays tapped with leg extended in front/turn upper body slightly to right) and put LF down, weight at the end left
- 5&6 Step forward with RF - ¼ turn left around on both balls, weight at the end left, and RF cross over LF (9 o'clock)
- 7& ¼ turn right around and step backward with LF as well as ¼ turn right around and step forward with RF (3 o'clock)
- 8& Step forward with LF and RF beside LF

Tag/Restart: In the 2. round-direction 3 o'clock - stop after '4', slowly pull/tap the LF to the RF and start with the vocals

Repeat until the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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