My Beauty Freak



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Dwight Meessen (NL) - January 2021 音乐: My Beauty (feat. Malee) - Beauty Freak



Intro 36 counts

S1: Side.	Drag	Rahind	Sida	Crose	Doint	Crose	Doint
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1-4 RF step side, LF drag, LF behind, RF step side

5-8 LF cross over, RF point side, RF cross over, LF point side [12]

S2: Cross, Hold, 1/4 L Back, Side, Cross, 1/4 R Back, 1/2 R Fwd, Kick

1-4 LF cross over, hold, RF 1/4 left and step back, LF step side

5-8 RF cross over, LF 1/4 right and step back, RF 1/2 right and step forward, LF kick forward [6]

S3: 1/4 R Rock Fwd Recover, Fwd, Flick, 1/4 L Rock Fwd Recover, Fwd, Kick

1-4 LF 1/2 right and rock forward, RF recover, LF step forward, RF flick back

5-8 RF 1/4 left and rock forward, LF recover, RF step forward, LF kick forward [4.30]

S4: Cross, Hold, Unwind % R/Sweep, Behind, Side, Cross Shuffle

1-4 LF cross over, hold, L+R % turn right and sweep RF back in 2 counts

5-6 RF behind, LF step side

7&8 RF cross over, LF step side, RF cross over [12]

S5: Rock Side Recover 1/4 R, Shuffle Fwd, Cross, Side, Weave, Sweep

1-2 LF rock side, RF 1/4 right recover

3&4 LF step forward, RF step beside, LF step forward

5-8 RF cross over, LF step side, RF behind, LF sweep back [3]

S6: Behind, Side, Cross, 1/4 L Back, Rock Back Recover, Shuffle Fwd

1-4 LF behind, RF step side, LF cross over, RF 1/4 left and step back

5-6 LF rock back, RF recover

7&8 LF step forward, RF step beside, LF step forward [12]

S7: Weave, Point, Weave 1/4 L, Touch

1-4 RF cross over, LF step side, RF behind, LF point side and turn body slighty right

5-8 LF cross over, RF step side, LF 1/4 left and step back, RF touch beside [9]

S8: Fwd, Hold, Ball Fwd, Fwd, Pivot 1/4 L, Rock Across Recover

1-2 RF step forward, hold

&3-4 LF step beside on ball foot, RF step forward, LF step forward

5-6 RF step forward, R+L 1/4 turn left 7-8 RF rock across, LF recover [6]

Start again

TAG 1: After the 1st and 3rd wall:

Side, Touch (x2), Rock Side Recover, Cross, Unwind Full Turn L

1-4 RF step side, LF touch beside, LF step side, RF touch beside 5-8 RF rock side, LF recover, RF cross over, R+L full turn left

TAG 2: After the 4th wall:

Rock Side Recover, Cross, Unwind Full Turn L

Special thanks to Françoise Bernard for suggesting the music.

Last Update -10 Jan. 2021