No Me Llores



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Ira Weisburd (USA) - January 2021 音乐: No Me Llores - Flores Del Sol



Intro: 32 counts. Start on vocal at approx. 24 seconds NOTE: 1 Easy Restart @12:00 after 16 counts on Wall 5

* This song and dance is an official collaboration between singer/songwriter, Flores Del Sol and international choreographer, Ira Weisburd.

Translation: "Don't Cry" Pronunciation: No May Your Es

PART I. (SHUFFLE FORWARD, FORWARD, RECOVER; SHUFFLE BACK, BACK, RECOVER)

1&2 Step R forward, Step-close L beside R, Step R forward

3-4 Step L forward, Recover back on R

5&6 Step L back, Step-close R beside L, Step L back

7-8 Step R back, Recover forward on L

PART II. (SIDE, SIDE, R SAILOR; L SAILOR, BACK, RECOVER)

1-2 Step R to R, Step L to L

3&4 Step R back, Step L to L, Step R to R
5&6 Step L back, Step R to R, Step L to L
7-8 Step R back, Recover forward onto L

PART III. (SHUFFLE 1/2 L TURN, BACK, RECOVER; SHUFFLE 1/2 R TURN, BACK, SIDE)

1&2 Step R forward making 1/4 L Turn (9:00), Step L beside R, Step R back making 1/4 L Turn

(6:00)

3-4 Step L back, Recover forward onto R

Step L forward making 1/4 R Turn (9:00), Step R beside L, Step L back making 1/4 R Turn

(12:00)

7-8 Step R back, Step L to L

PART IV. (CROSS, RECOVER, SHUFFLE 1/4 R TURN; FORWARD, 1/2 L TURN, COASTER STEP)

1-2 Step R across L, Recover back onto L

3&4 Step R to R, Step-close L beside R, Step R to R making 1/4 R Turn (3:00)

5-6 Step L forward, Step R back making 1/2 L Turn (9:00)
7&8 Step L back, Step-close R beside L, Step L forward

REPEAT DANCE.

NOTE: There is 1 Restart On Wall 5 @ 12:00 after first 16 counts.

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