Let Me Move YOU

墙数:4

级数: Improver

编舞者: Andrico Yusran (INA) & Miko Yamamoto (INA) - January 2021

音乐: Let Me Move You - Sabrina Carpenter : (From the Netflix film Work It / Audio Only)

ReStart : On wall 2 , 6 after 16 counts

Start Dance after Intro 16 counts

拍数: 32

#1# WALK FORWARD - SKATE (R-L) - CROSS SAMBA

- 1-2 Step R L walk forward
- 3-4 R slide diagonal to R L slide diagonal to L
- 5&6 R cross over L , L to side , R in place
- 7&8 L cross over R , R to side , L in place (weight on L)

#2# SAILOR 1/4 - BOUNCE - SIDE TOUCH CYNCOPATED

- 1&2 Step R cross behind L 1/4 turn to R , L back , R forward
- 3&4 R-L both heel drop in place, R-L both heel up, R-L both heel drop in place (weight on R)
- 5&6& L side touch point , L close beside R , R side touch point , R close beside L
- 7&8 L side touch point , L close beside R , R side touch point
- *(Restart here on wall 2 & 6)*

#3# JAZZ BOX - KICK BALL FORWARD - LOCK SHUFFLE FORWARD

- 1-4 Step R cross over L , L back , R to side L forward
- 5&6 R kick forward , R ball close beside L , L forward
- 7&8 R forward , L lock behind R , R forward

#4# PIVOT 1/4 - CROSS - SIDE - CROSS SHUFFLE - PIVOT 1/4

- 1-4 Step L forward 1/4 turn to R , R in place , L cross over R , R side
- 5&6 L cross over R , R side , L cross over R
- 7-8 R forward 1/4 turn to L , L in place

Contacts: ricoyusran@yahoo.com

Dancing with Your Heart ♥





级数