

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Harry Samana (INA) - January 2021
音乐: Selfish Love - Mabel & KAMILLE



No tag no restart
Start dance after 32 count

Section 1 . WALK R-L , OUT STEP , CLAP2X , FLICK LF-RF , ROCK- RECOVER

| | |
|------|--|
| 1-2 | Step LF forward - step RF forward |
| &3&4 | Step LF to right - step RF to side - clap - clap |
| &5&6 | Flick LF - step LF in place - flick RF - step RF in place |
| &7&8 | Next LF beside RF - step RF to side right - hips LF diagonal back - recover RF |

#Section 2. ¼ L HEEL GRIND ,BACK SHUFFLE ,BACK WALK , COASTER STEP

| | |
|-----|---|
| 1-2 | LF hell touch forward - grind ¼ Left (Weight on RF) [09:00] |
| 3&4 | Step LF back - next RF - step LF back |
| 5-6 | Step RF back - step LF back |
| 7&8 | Step RF back - next LF beside RF - step RF forward |

#Section 3. SHUFFLE LF-RF ,TOUCH , BUMP HIPS , FORWARD , ½ R TURN

| | |
|-----|---|
| 1&2 | Step LF forward - step RF behind LF - step LF forward |
| 3&4 | Step RF forward - step LF behind RF - step RF forward |
| 5&6 | Touch LF toe forward and Bump hips forward - bump hips back - bump your hips forward ending weight on LF |
| 7&8 | ½ R turn touch RF toe forward and Bump hips forward - bump hips back - bump your hips forward ending weight on RF |

#Section 4. SYNCOPATED ROCK FORWARD , ¼R TURN , TOUCH , POP

| | |
|------|--|
| 1-2& | Rock LF forward - Recover on RF - Close LF next to RF |
| 3-4& | Rock RF forward - Recover on LF - Close RF next to LF |
| 5-6 | Step LF forward - ¼ R turn weight on RF |
| 7&8 | Touch LF beside RF - drop LF heel popping right knee forward -drop RF heel popping left knee forward |

ENJOY YOUR DANCE