

Strip It Down

拍数: 32 墙数: 4 级数: Beginner
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音乐: Strip It Down - Luke Bryan



Intro: 16 counts

Cross point R/L back R/l

1-2 Step R across left, Point Lf to side
3-4 Step L across Right, Point Rf to side
5-6 Step R behind Lf, Point Lf to side
7-8 Step L behind R, Point Rf to side, swing R around, ready for next step.

Rock Back, Walk steps front, Repeat on L

1-4 Rock back of R, return to L, and Step forward R/L/R
5-8 Rock forward on L, return to R, and Step back L/R/L

Vine R & L

1-4 Step R, L behind R, step R, Touch L to R,
5-8 Step L, R behind R, step L, touch R to L

**** (Also works great with a rolling vine for more advanced dancers)**

Jazz Box, 2x turning R

1-4 Step R over L, step back on L, step R, step L to R
5-8 Step R over L, step back on L, step R turning R, step L to R

Start over. No tags, Enjoy. mygeo@adamswells.com

I would love it if someone could do a demo of this for me, and post it!