

Strip It Down

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Easy Beginner
编舞者: Yvonne (Krause) Halsey (USA) - February 2021
音乐: Strip It Down - Luke Bryan



#16 Intro: No Tags, No Restarts

[1-8] RIGHT & LEFT LOCK STEPS, MAMBO STEP, COASTER STEP

- 1&2 Step forward on right, step left behind right, step forward on right.
- 3&4 Step forward on left, step right behind left, step forward on left.
- 5&6 Step forward on right, recover onto left, step slightly back on right.
- 7&8 Drag left foot front to back, step right next to left, step forward on left.

[9-16] SWAY R & L, STEP TOGETHER W/1/4 TURN RIGHT, SWAY L & R, STEP TOGETHER STEP

- 1-2 Sway hips right and left.
- 3&4 Step right to side, step left next to right, step forward making ¼ turn right. (3:00)
- 5-6 Sway hips left and right.
- 7&8 Step left to side, step right next to left, step left to side.

[17-24] PIVOT ¼ LEFT x2, MAMBO FORWARD & BACK

- 1-2 Step forward on right, pivot ¼ turn left. (12:00)
- 3-4 Step forward on right, pivot ¼ turn left. (9:00)
- 5&6 Rock forward on right, recover onto left, step slightly back on right.
- 7&8 Rock back on left, recover onto right, step slightly forward on left.

[25-32] SCISSOR STEPS RIGHT & LEFT, SHUFFLE FORWARD, SHUFFLE W/1/4 TURN LEFT

- 1&2 Rock right to side, recover onto left, cross right over left.
- 3&4 Rock left to side, recover onto right, cross left slightly over right.
- 5&6 Shuffle forward by stepping right, left, right.
- 7&8 As you shuffle forward start your ¼ turn left by stepping left, right, left. (6:00)

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com