## Pota - Pota



**拍数:** 32 **墙数:** 4 **级数:** Beginner

编舞者: Fonna Queentarina (INA) - February 2021

音乐: Copines - Aya Nakamura



S 1 : Forward Mambo, Back Mambo, Mambo Side Right, Mambo Left	
1 & 2	Step R Forward, Recover On L, Step R Back
3 & 4	Step L Backward, Recover On R, Step L Forward
5 & 6	Step R To R Side, Step Back, Step Back On L, Step R To R side
7 & 8	Step L To L Side, Step Back, Step Back On The Next To R
S 2 : Step Diagonal Shuffle Forward 2X, Press R Forward, Press L Forward	
1 & 2	Step R Diagonal R Forward, Close L Next To R, Step R Diagonal R Forward
3 & 4	Step L Diagonal L Forward, Close R Next To L, Step L Diagonal L Forward
5 & 6	Press R (And body) Forward, Step R To Centre
7 & 8	Press L (And body) Forward, Step L To Centre
S 3 : R Hip Bumps, Behind, Side Cross, L Hip Bumps, Behind, Behind Side Cross	
1 - 2	R Forward To R Side With Push R Hip To Up, Push R Hip To Up
3 & 4	Cross R Behind L, Step L To Side, Cross R Over L
5 - 6	L Forward To L Side With Push L Hip To Up, Push L Hip To Up
7 & 8	Cross L Behind R, Step R To Side, Cross L Over R
S 4 : V Step, Jazz Box ¼	
1 - 2	R Forward Diagonal To R, L Forward Diagonal To L
3 - 4	R Back To Centre L, Close Beside R
5 - 6	Step R Cross Over L, L Back

Repeat On S 4

7 - 8

Restart After Wall 1 & Wall 3

KEEP HEALTHY & ENJOY THE DANCE.

Contact Person : fonnaqueentarina@gmail.com

R 1/4 Turn To R, L Forward