

Fen Hong Se De Hui Yi (粉红色的回忆)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Phrased Beginner
编舞者: Belinda Yoong (MY) - February 2021
音乐: Fen Hong Se De Hui Yi (粉红色的回忆) - Lee Ling Yu (李玲玉)



Start Intro dance - 8 counts after music start

SOD : INTRO 1 / A / B / A / INTRO 2 / A / B / A / B / A / INTRO 2 / INTRO 2 - ENDING

INTRO 1 (32 Counts)

SEC1: SIDE TOUCH (R-L)

- 1-2. Step RF to R, step touch LF next to RF
- 3-4 Step LF to L, step touch RF next to LF
- 5-6. Repeat Step 1-2
- 7-8. Repeat Step 3-4

SEC2: SIDE TOGETHER SIDE TOUCH (R-L)

- 1-4. Step RF to R, step LF next to RF, step RF to R, step touch LF next to RF
- 5-8. Step LF to the L, step RF next to LF, step LF to the L , step touch Rf next to LF

SEC3. REPEAT SEC2

SEC4: TOE STRUT (R-L)

- 1-2. Touch R toe fwd on R , drop R heel
- 3-4. Touch L toe fwd on L , drop L heel
- 5-6. Repeat Step 1-2
- 7-8. Repeat step 5-6

INTRO 2 (24 COUNTS)

****REPEAT INTRO 1 (SEC1 / SEC2 / SEC4)**

MAIN DANCE

PART A (32 COUNTS)

SEC1. TOE STRUT WITH HIP BUMP (R-L-R-L)

- 1-2 Touch RF fwd to R (a bit diagonally)with R hip bump out , drop RF Heel with hip bump in
- 3-4 Touch LF fwd to L (a bit diagonally) with L hip bump out , drop LF Heel with hip bump in
- 5-6. Repeat Step 1-2
- 7-8. Repeat Step 3-4

SEC2. SIDE TOGETHER SIDE TOUCH (R-L)

- 1-4. Step RF to R, step LF next to RF, step RF to R, step touch LF next to RF
- 5-8. Step LF to L, step RF next to LF, step LF to L, step touch RF next to LF

SEC3. BACK SHUFFLE (R-L-R-L)

- 1&2. Back shuffle R-L-R
- 3&4. Back shuffle L-R-L
- 5&6 Back shuffle R-L-R
- 7&8 Back shuffle L-R-L

SEC4. FWD CROSS POINT X2. 1/4 TURN R, WALK SMALL ROUND ,F WD

- 1-2. RF cross over LF , LF point out to L
- 3-4. LF cross over RF , RF point out to R
- 5-8 1/4 turn R , walk a small round (5-7) ,step fwd (8) facing 12.00

PART B (32 COUNTS)

SEC1. SIDE TOGETHER SIDE TOUCH (R-L)

- 1-4. Step RF to R, step LF next to RF , step RF to R , step touch LF next to RF
5-8. Step LF to L , step RF next to LF, step LF to L , step touch RF next to LF

SEC2. CROSS RECOVER , SIDE CHASE (R-L)

- 1-2. Cross RF over LF, recover on LF
3&4 Step RF to R , step LF next to RF , step RF to R
5-6. Cross LF over RF, recover on RF
7&8. Step LF to L , step RF next to LF , step LF to L

SEC3. FWD ROCK RECOVER, STEP IN PLACE (R-L-R-L)

- 1-2. Step RF forward , recover LF
3&4. Step RF behind next to LF , step LF in place , step RF in place next to L
5-6. Step LF forward , recover on RF
7&8. Step LF behind next to RF , step RF in place next to LF , step LF in place next to RF

SEC4. SWAY HIP (R-L-R-L) , RF HITCH UP (ON COUNT 8)

- 1-8. Sway hip R-L-R-L (1-7) , hitch up RF (8)

Remarks : Please refer to the Video Demo for all the hand movements style

HAPPY DANCING & THANK YOU FOR SUPPORT !

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