The Wellerman

拍数: 32

级数: High Beginner

编舞者: Tanzschule Olaf S (DE) - February 2021

音乐: Wellerman (Sea Shanty) - Nathan Evans

No Tags/ No Restart

Intro: 4 counts, start immediately

PART A:

ROCK FORWARD, TRIPLE, CLOCKWISE TURN, TRIPLE

- 1-2 Rock R forward, step on L
- 3&4 Step R to R side, L next to R, step R to R side
- 5-6 cross L over R turn ½ step back on R turn ½
- 7&8 step L to L side, right next to L, step L to L side

BOX, SCUFF, BRUSH, SCUFF, BALL CHANGE, HOP

- 1 4 cross R over L, step L backwards, step R to R, tap L behind R food
- 5&6 Scuff with L, brush with L corss over R, scuff with L
- &7 Ball Change started with L
- 8 Jump on L foot, cross R behind L with no weight

PART B:

TOE, HEEL, PAS DE BOURREE TURN x2

- 1-2 R toe next to L, swivel with L and place R heel next to L
- 3&4 R foot cross behind L natural turn ½, step L small to side, step R small forward
- 5 6 L toe next to R, swivel with R and place L heel next to R
- 7&8 L foot cross behind R reverse turn ½, step R small to side, step L small forward

ROCK FORWARD, THREE STEP TURN, GRAPEVINE, HEEL POINT WITH ¼ NATURAL TURN

- 1-2 Rock R forward, step on L
- 3&4 1 full Natural turn with 3 steps begin with R foot
- 5&6& Step L to L, cross R behind L, step L to L, cross R infront of L
- 7 8 Point L heel forward, Step L next to R turn ¼ to right

ORDER OF PARTS: A - B - A - B - B Repeat 3 times

All kind of feedback is welcome. Write to: Info@olaf-s.de





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墙数:4