I'm In The Mood For Dancing

级数: High Beginner

编舞者: Tri Artiyanti (INA) - February 2021

音乐: I'm in the Mood for Dancing - Yuju : (True Beauty Soundtrack)

Intro - 64 C Restarts on:-W 4 after 12C W 8 after 28 C

I.WALK - WALK - MAMBO CROSS - SIDE ROCK - CROSS SHUFFLE

1-2 Walk forward R - L

拍数: 32

- 3&4 Step R to R side, recover to L, R cross over L
- 5-6 Step L to L side, recover to R
- 7&8 L cross over R, step R to side, L cross over R

II. FORWARD ROCK - 1/4 SAILOR STEP - SWAY

- 1-2 Step R forward , recover to L
- 3&4 1/4 turn R cross R behind L,step L to side, step R inplace

Restart on W 4 with change step Touch R beside L

5-8 Sway hips L-R-L-R

III.TRAVELLING BOTAFOGO (L-R) FORWARD ROCK - BACK LOCK SHUFFLE

- 1&2 L cross over R,step R to side, step L inplace
- 3&4 R cross over L, step L to side, step R inplace
- 5-6 L step forward, recover to R
- 7&8 Step L back, R cross over L, step L back

IV. BACK ROCK - PIVOT 1/2 - SWITCHES HEELS - FORWARD - CLOSE

- 1-2 Step R back, recover to L
- 3-4 Step R forward, 1/2 half turn L step L inplace

Restart on W 8

- 5&6& Touch R heel forward, close R to L, touch L heel forward, close L to R
- 7-8 Step R forward, L close to R

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Last Update - 1 March 2021





墙数:4

4 4