High Class Lady

拍数: 48

级数: Beginner

编舞者: Georgie Mygrant (USA) - March 2021

音乐: High Class Lady - The Lennerockers

Intro: 16 (when music starts) (a little fast)

Side step 2x, Step/Cross Step R/L

- 1-4 Slide Rf to side, step L to R, Repeat
- 5-8 Step Rf to side, weight back on L, cross Rf over L and hold
- 1-4 Slide Lf to side. Step R to L, Repeat
- 5-8 Step Lf to side, weight back on R, cross Lf over R and hold

Rocking Chair 2x

1-8 Step Rf fwd, back on L, rock back on Rf, return to L, Repeat

Slow Jazz Box, 2counts of Toe/Heel each step

1-8 Cross Rf over L, step back on L, turning ¼ to R, step on L

Hip swings. 2x times R, 2x times L, then 4 singles

1-8 Step Rf to R, swing hips 2x to R, 2x to L, then 1x R/L/R/L

Step R Fwd, Return L, Step back, Return to L in place,

1-8 Step Fwd Rf, touch L to R, step back on L, touch R to L, step back on R, touch L to R, step fwd on L, touch R to L

Start over, Enjoy! mygeo@adamswells.com





墙数:4