Be The Love



拍数: 32 编数: 2 级数: High Intermediate

编舞者: Adam Åstmar (SWE) & Malene Jakobsen (DK) - March 2021

音乐: Be Good to Her - BEXAR



Intro: 16 counts, approx. 12 seconds, right before the first word "She'll".

Extra info:

Every count 3 and 7 will always hit a little earlier!

They will always hit on the first 'a' count, as shown below.

*The counts will be written as, for example: 1 - 2 - 3 a 4, 5 - 6 - 7 a 8

*The counts will be counted as, for example: 1 - 2 - a - a 4, 5 - 6 - a - a 8

Important! The tag occurs once after wall 2 and twice after wall 4.

Sect - 1: Step with Hitch. Cross. Side with Drag. Ball. Cross. 1 / 4 Back. 1 / 4 Step. 1 / 2 Back with Sweep. Behind-Side-Cross.

- 1 2 (1) Step forward on LF, hitching R knee across LF. (2) Cross RF over LF.
- 3 a 4 (3) Step to the left on LF, dragging RF towards LF. (a) Close RF next to LF. (4) Cross LF over RF.
- 5 6 (5) Turn ¼ to the left, stepping back on RF. (6) Turn ¼ to the left, stepping forward on LF.
- 7 a 8 & (7) Turn ½ to the left, stepping back on RF, sweeping LF from front to back. (a) Step LF behind RF. (8) Step to the right on RF. (&) Cross LF over RF.

Sect - 2: Sway-Sway. 1 / 4 Small Hitch. Ball. 1 / 4 Step. Rock Forward. 1 / 2 Step. Triple 7/8 Turn.

- 1 2 (1) Step to the right on RF, swaying to the right. (2) Sway to the left.
- 3 a 4 (3) Turn ¼ to the right, hitching L knee slightly and raising up on R toes. (a) Close LF next to RF. (4) Turn ¼ to the right, stepping forward on RF.
- 5 6 (5) Rock forward on LF. (5) Recover on RF.
- 7 a 8 & (7) Turn ½ to the left, stepping forward on LF. (a) Turn ½ to the left, stepping back on RF. (8) Turn 3/8 to the left, stepping towards the diagonal on LF. (&) Step forward on RF.

Sect - 3: Rock forward. Back with Drag. Behind. 1 / 4 Side. Step. Rock forward. Back with Drag. Behind. 1 / 8 Side. Cross.

- 1 2 (1) Rock forward on LF. (2) Recover on RF.
- 3 a 4 & (3) Step back on LF, dragging RF towards LF. (a) Step RF slightly behind LF. (4) Turn 1/4 to the left, stepping forward on LF. (&) Step forward on RF.
- 5 6 (5) Rock forward on LF. (6) Recover on RF.
- 7 a 8 & (7) Step back on LF, dragging RF towards LF. (a) Step RF slightly behind LF. (8) Turn 1/8 to the left, stepping to the left on LF. (&) Cross RF over LF.

Sect - 4: Sway-Sway. Step with Sweep. Cross. Side with Drag. Touch. 1/4 Step.1/2 Back with Sweep. Back. Rock Back.

- 1 2 (1) Step to the left on LF, swaying to the left (2) Sway to the right.
- 3 a 4 (3) Step forward on LF, sweeping RF from back to front. (a) Cross RF over LF. (4) Step to the left on LF, dragging RF towards LF.
- 5 6 (5) Touch RF next to LF. (6) Turn ¼ to the right, stepping forward on RF.
- 7 a 8 & (7) Turn ½ to the right, stepping back on LF, sweeping RF from front to back. (a) Step back on RF. (8) Rock back on LF. (&) Recover on RF.

Tag: Step with Sweep. Cross. Side. Behind. Side with Sway-Sway. Behind. Side with Sway-Sway. Touch.

1 - 2 (1) Step forward on LF, sweeping Rf from back to front. (2) Cross RF over LF.

- 3 a 4 (3) Step to the left on LF. (a) Step RF behind LF. (4) Step to the left on LF, swaying to the left.
- 5 6 (5) Sway to the right. (6) Step LF behind RF.
- 7 a 8 (7) Step to the right on RF, swaying to the right. (a) Sway to the left. (8) Touch RF next to LF.

Have fun!