

Love Me Like A Man

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver / Intermediate
编舞者: Pia Rossen (DK) - March 2021
音乐: Love Me Like a Man - Bonnie Raitt : (Album: Give it up)



Notice: no tags, no restarts.

Intro: 16 count. weight on L fot.

(1-8) STEP R FWD, TURN 1/4 R HITCHING L CROSS SIDE, BEHIND SIDE, L KICK BALL CROSS SIDE

1-2 step R fwd, hitch L turning 1/4 R on ball of R fot,
3-4 cross L over R, step R to R side
5& step L behind R, step R to R side
6&7 kick L to L diagonal, step L next to R, cross R over L
8 step L to L side

(9-16) R SAILOR, TOUCH L BACK 1/2 L, 1/4 L , CROSS SHUFFLE , 1/4 L

1&2 step R behind left, step L to L side, step R to R side
3-4 touch L toe back , turn 1/2 L take weight on L fot
5-6 step R fwd, turn 1/4 L
7&8 cross R over L, step L to L side, cross R over L
& turn 1/4 L on the ball of R fot, hitching L

(17-24) CROSS SHUFFLE, KICK BALL CROSS x 2, TURN 1/4 R BOUNCING x2

1&2 cross Lover R, step R to R side, cross L over R
3&4 kick R to R diagonal, step R next to L, cross L over R
5&6 kick R to R diagonal, step R next to L, cross L over R
&7&8 lift heels, turn 1/4 R, recover weight on both feet, lift heels, turn 1/4 R , recover weight

(25-32) SWEEPING R -L BACK, R BACK SIT RECOVER, TOESTRUT & HIP BOMP R -L

1-2 step R sweeping back, step L sweeping back
3&4 step R back, bend R knee, recover weight onto L straightening R knee
5&6 point R toe fwd, raising R hip, take weight on R fot
7&8 point L toe fwd, raising L hip, take weight on L fot

(33-40) SYNCOPATED JAZZBOX CROSS POINT , BACK POINT x2

1-2 cross R over L, step L back
&3-4 step R to R side, cross Lover R, point R to R side
5-6 cross R behind L, point L to L side
7-8 cross L behind R, point R to R side

, (41-48) SAILOR 1/4 R, ROCK STEP, JUMP BACK & OUT, L BACK ROCK, STEP L FWD

1&2 cross R behind L turn 1/4 R, step L to L side, step R to R side
3-4 step L fwd, recover weight onto R
&5 step L back & out , step R back & out
6-7 step L back, recover weight onto R
8 step L fwd in front of R

Start again