

Øve os paa hinanden (Practice us on each other)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Marie Sørensen (TUR) - March 2021
音乐: Øve os paa hinanden - Fyr & Flamme



Intro: 24 Counts

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CROSS ROCK, RECOVER, SIDE TOUCH, SIDE, TOUCH, CROSS, POINT

- 1-2 Cross Rock Right in front of left, recover
- 3-4 Step right to right side, touch left ne to right
- 5-6 Step left to left side, touch right next to left
- 7-8 Cross right over left, point left to the left side (12.00)

CROSS, POINT, CROSS POINT, JAZZBOX ¼ TURN LEFT, CROSS

- 1-2 Cross left in front of right, point right to the right side
- 3-4 Cross right in front of left, point left to the left side
- 5-6 Cross left over right, step back on right
- 7-8 ¼ left, step left to the left side, cross right in front of left (09.00)

JUMP LEFT, TOUCH RIGHT, JUMP RIGHT, TOUCH LEFT, KNEE-POPS X4

- &1-2 Jump left to the left side, touch right next to left, clap your hands
- &3-4 Jump right to the right side, touch left next to right, clap your hands - Now change weight to left foot
- 5-6 Knee pops right, left
- 7-8 Knee pops right left (09.00)

HEEL, TOGETHER, HEEL, TOGETHER, JAZZBOX ¼ TURN LEFT, TOUCH

- 1-2 Tap left heel fwd. step left beside right
- 3-4 Tap right heel fwd. step right next to left
- 5-6 Cross left over right, step back on right
- 7-8 ¼ turn left, step left to left side, step right next to left (06.00) Weight on right

Tags :

After wall 1 - 4 counts tag - Facing 06.00

After wall 2 - 8 counts tag - Facing 12.00

After wall 3 - 4 counts tag - Facing 06.00

After wall 4 - 4 counts tag - Facing 12.00

After wall 5, 6, 7, and 8 - 16 counts tag

*4 counts tag are - 4x knee pops - L, R, L, R - Weight on left

**8 counts tag are - 4x knee pops - L, R, L, R - heel, together, heel, together R, L - Weight on left

***16 counts tag are - 4x knee pops - L, R, L, R - R heel, together, L heel, together -

***4x knee pops - R, L, R, L - L heel, together, R heel, Touch, Start from the beginning.

The winner song from the Danish Eurovision song contest 6th of March - 2021

This dance is dedicated to Marianne H. Nielsen - Thank you SO much.

Have Fun!

Contact: sunshinecowgirl1960@gmail.com

