

2 Fabulous

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Carole Daugherty (USA) & Frank Cooper (CAN) - March 2021
音乐: Fabulous - C.U.T. : (iTunes)



#32 ct intro

This peppy track is only 2:16 in length, we could have interpreted the song using phrased patterns. We intentionally chose steps that can be styled more smoothly over the bridge, without using tags etc. Your welcome ;)

Sec 1 Back, Heel, Step w/ Alternating Knee Pop x3, Cross Strut Fwd 2x

&,1,2,3,4 Step slightly back on Right ft (&) Dig Left heel fwd (1) Shift weight fwd to Left ft, ast bending Right Knee (2) Shift weight back to Right ft ast bending Left Knee (3) Shift weight fwd to Left ft ast bending Right Knee (4)
5,6 Strut fwd on Right, toes slightly crossing left ft (5) Weight Right ft (6)
7,8 Strut fwd on Left, toes slightly crossing over to the right ft (7) Weight Left ft (8)
(Open/Prep angled slightly right to 1:00 on ct 8)

Sec 2 Ball-Cross, Point, R ¼ Sailor, Cross ¼ Left, Hold, Ball-Cross, Hold

&,1,2 Step back slightly to right on Right ft (&) Cross Left ft over right (1) Point Right toes out to right side (2)
3&4 Turning ¼ right, Sailor step, Right (3) Left (&) Right (4)
5,6 Step Left ft fwd across ¼ left (5) Hold in angled cross position (6) 1:00
&,7,8 Step slightly to right on ball of Right ft (&) Cross Left ft over right (7) Hold (8)

Sec 3 Side, Check w/ Snap, Cross, Turn ¼ Left, ¼ Left Check, Hold, Cross, Side

1,2,3 Step out right on Right ft (1) Collect/check Left ft together, angled slightly to left facing 11:00, snapping right fingers (2) Slide Right foot over across left (3)
4&5,6 Turn ¼ to left stepping left (4) Turning ¼ left, step Right ft next to left (&) Check Left ft aside right (&) Hold (6)
(Styling: allow Right ft to slip diagonally back in a slight flick on ct 6)
7,8 Step Right ft over across left (7) Step Left ft out to left side (8)

Sec 4 Rock & Step, Behind-Side-Fwd, Rock, Replace, Turn ½ Right 2x

1&2 Rock ball of Right ft behind left (1) Recover Left (&) Step Right ft to right side (2)
3&4 Step Left ft behind right (3) Step slightly right on Right (&) Step Left Fwd (4)
5,6 Rock fwd on Right ft (5) Prep/Recover step back on Left for right turn (6)
7,8 Turn ½ right stepping Right slightly back (7) Turn ½ right stepping Left slightly back (8) OR Omit turn by walking slightly back Left (7) Right (8)

Ending: During section 2 facing 6:00, replace Right ¼ sailor with Right ½ sailor (3&4) to face 12:00, Cross Left ft over right on ct 5 with your final pose. Tada!

As Ever, Enjoy Every Dance!

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