Get Some Loving Done



编舞者: Nina Chen (TW) - March 2021

音乐: Get Some Loving Done - Jake Hooker



Intro: 16 counts

Sec1: Fwd - Together - Knee Popped, Cross Rock - Recover - Side Rock - Recover

1-4 Step Rf Fwd - Step Lf Beside Rf - Lift Both Heels Off The Floor With Knees Outward - Return

Both Heels To The Floor

5-8 Rock Rf Over Lf - Recover On Lf - Rock Rf To R - Recover On Lf

Sec2: Cross - Point - Behind - Point, Jazz Box 1/4 Turn R

1-4 Cross Rf Over Lf - Touch Lf To L - Cross Lf Behind Rf - Touch Rf To R

5-8 Cross Rf Over Lf - 1/4 turn R (3:00) Step Lf Back - Step Rf To R - Cross Lf Over Rf

Sec3: R Weave, Mambo Cross - Hold (Click)

Step Rf to R - Step Lf Behind Rf - Step Rf to R - Cross Lf Over Rf
Rock Rf To R - Recover On Lf - Cross Rf Over Lf - Hold (Click)

Sec4: L Weave, Mambo Cross - Hold (Click)

Step LF to L - Step Rf Behind Lf - Step Lf to L - Cross Rf Over LF
Rock Lf To L - Recover On Rf - Cross LF Over Rf - Hold (Click)

Sec5: Kick - Ball - Point - Hitch 1/4 Turn L, Coaster - Brush

1-4 Kick Rf Fwd - Step Rf Beside Lf - Touch Lf To L - Hitch Lf 1/4 Turn L (12:00)

5-8 Step Lf Back - Step Rf Beside Lf - Step Lf Fwd - Brush Rf Fwd

Sec6: Fwd Lock - Brush, Mambo 1/2 Turn L

Step Rf Fwd - Lock Lf Behind Rf - Step Rf Fwd - Brush Lf Fwd
Rock Lf Fwd - Recover on Lf - 1/2 Turn L (6:00) Step Lf Fwd - Hold

Sec7: Monterey 1/4 Turn L, Flick R - Together - Flick L - Together

1-4 Touch Rf To R - On Ball Of Lf 1/4 turn R (9:00) Step Rf Beside Lf - Touch Lf To L - Step Lf

Beside Rf

5-8 Flick Rf Back To R Diagonal - Step Rf Beside Lf - Flick Lf Back to L Diagonal - Step Lf Beside

Rf

Sec8: V STEP, TWIST

1-4 Step Rf Heel To R Diagonal Fwd - Step Lf Heel To L Diagonal Fwd - Step Rf Back To Center

- Step Lf Beside Rf

5-8 Twist (R-L-R-L)

Restart: During Wall 4 After 32 Counts (6:00)

Have Fun & Happy Dancing !!!

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