Help is on the Way

拍数: 32

级数: Easy Improver

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音乐: Help Is On The Way (Maybe Midnight) - TobyMac: (amazon)

#32 intro (on 'I heard") (1 tag and 1 restart)

S1: Turn 1/4 R monterey, step lock step brush

- Touch R toe to right side, turn 1/4 right step R beside L 3:00 1-2
- 3-4 Touch L toe to left side, touch L beside R
- Step L fwd, lock R behind L, step L fwd, brush R fwd 5-8

S2: Jazz box turn 1/4 R, dip/point, dip/point

- 1-2 Cross rock R over L, turn 1/4 right step L back 6:00
- 3-4 Step R to right side, step L fwd
- 5-6 Step/dip R to right side, touch L to left diagonal
- 7-8 Step/dip L to left side, touch R to right diagonal
- ******** Wall 9 Restart here

S3: Step turn 1/4 L (hip roll), step turn 1/4 L (hip roll), cross side behind turn 1/4 L

- 1-2 Step R fwd, hip roll/turn 1/4 left step L fwd 3:00
- 3-4 Step R fwd, hip roll/turn 1/4 left step L fwd 12:00
- 5-8 Cross R over L, step L to left side, step R behind L, turn 1/4 left step L fwd 9:00
- S4: Cross point, cross point, rocking chair
- 1-2 Cross R over L, point L to left side
- 3-4 Cross L over R, point R to right beside
- 5-8 Rock R fwd, recover L, rock R back, recover L

Tag: Wall 3 starts 6:00 and ends facing 3:00, add the following 4 counts - V-STEP:

1-4 Step R fwd to right diagonal, step L fwd to left diagonal, step R to center, step L beside R

Restart: Wall 9 starts 12:00....dance 16 counts and restart facing 6:00

Ending: Wall 13 is the last wall & starts facing 9:00. Dance thru S3: 1-2 to face front!





墙数:4