Danza Kuduro



拍数: 32 墙数: 4 级数: Easy Intermediate

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音乐: Danza Kuduro (feat. Lucenzo) - Don Omar: (Amazon.com)



One restart (when music stops and vocalist yells)

STEP FORWARD 2 X, TRIPLE (or coaster for more difficulty)

1, 2, 3&4 Step forward R, step forward L, triple step (R, L, R)

STEP BACKWARD 2X, TRIPLE (or back coaster)

5, 6, 7&8 Step backward L, step backward R, triple step (L,R,L)

FEET TOGETHER (HEELS, TOES, HEELS ON DIAGONAL TO R), L KICK

1, 2, 3, 4 With feet together, move heels to R diagonal, toes to R diagonal, heels to R diagonal, kick L FEET TOGETHER (HEELS, TOES, HEELS ON DIAGONAL TO L), R KICK

5, 6, 7, 8 With feet together, move heels to L diagonal, toes to L diagonal, heels to L diagonal, kick R

SAILOR STEP IN PLACE, TURNING SAILOR (1/2 turn)

1&2, 3&4 R cross behind L, L, R, L cross behind R, R, L(while turning ½ around to the left) **2 PIVOT ½ TURNS TO L**

5, 6, 7, 8 R step and pivot ¼ turn left, R step forward and pivot ¼ turn to left

2 SCISSOR STEPS, ¼ TURN WITH R CROSSING IN BACK, L STEP OUT, R STEP OUT, L TOGETHER

1& 2, 3&4 R rock to side, recover on L, R cross over L, L rock to side, recover on R, L cross over R 5, 6, 7, 8 (while making ¼ turn to L) R crosses behind L, L step to side, R step to side, L step together

Pattern is repeated on all four walls. Let's keep on dancing during these difficult times!

Any questions? Contact me at cplevin@gmail.com