

# At My Worst

**COPPER KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Fransiska Tjhin (INA) - March 2021  
音乐: At My Worst - Pink Sweat\$



Intro 16 counts - No tag No Restart

## S1. ROCK CROSS, CHASSE

1,2      Cross RF over LF, Recover on LF  
3&4      Step RF to R, close LF next to R, step RF to R  
5,6      Cross LF over RF, Recover on RF:  
7&8      Step LF to L, Close RF next to L, step LF to L

## S2. PIVOT TURN ¼ L, CROSS SHUFFLE

1,2      Step RF fwd, turn ¼ to L weight on L 9.00  
3&4      Cross RF over LF, step LF to L, Cross RF over LF  
5,6      Rock LF to L replace weight back to R  
7&8      Cross LF over RF, step RF to R Cross LF over RF

## S3. SIDE ROCK, COASTER STEP, PIVOT TURN ½, SHUFFLE

1,2      Rock RF to R, recover on LF  
3&4      Step RF back, step LF beside RF, Step RF fwd  
5,6      Step LF fwd, turn ½ to R, weight fwd on RF  
7&8      Step LF fwd, close RF next to LF, step LF fwd

## S4. PADDLE TURN ¼ WITH HIP ROLL

1,2      Step RF fwd, turn ¼ to L bring weight on L with hip roll  
3,4      Step RF fwd, turn ¼ to L bring weight on L with hip roll  
5,6      Step RF fwd, turn ¼ to L, bring weight on L with hip roll  
7,8      Step RF fwd turn ¼ to L, bring weight on L with hip roll

Ending on wall 8 after 12 count pivot turn ½ to L

Thank you. Enjoy the dance.

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