Hold On To Me

级数: Advanced

编舞者: Hiroko Carlsson (AUS) - March 2021

音乐: Hold On To Me - Lauren Daigle : (Spotify)

(Dance starts on lyrics straight after "When I") [S1] Back, 3/4L Arc Run w/ Sweep, Cross-Back, 3/4R w/ Hitch, Back-1/8R, 1/8R w/ Hitch, Back-1/8L 1 2 & 3 Step back on R (1), Making a smooth arc ³/₄ left turn run on L-R-L and sweep R foot around (2&3)(3:00)4& Cross R over L, Step back on L 56& Make a 3/8 turn right stepping forward on R/hitch L foot forward (7:30), Step back on L, Make a 1/8 turn right stepping R to the side (9:00) 78& Make a 1/8 turn right stepping forward on L/hitch R foot forward (10:30), Step back on R, Make a 1/8 turn left stepping L to the side/slightly forward (square up to 9:00) [S2] Fwd, Step-Pivot 1/2R, Run Fwd, Step-Pivot 1/2R, Basic NC, 1 and 1/4L Push Back Turn 1 2& Step forward on R, Step forward on L, Make a ¹/₂ turn right recover weight on R (3:00) 3&4& Run forward on L-R (3&), Step forward on L, Make a ½ turn right recover weight on R (9:00) Step L to the side, Rock R behind L, Recover weight on L 56& 78& Make a ¼ turn left stepping/push back on R, Make a ½ turn left stepping forward on L, Make a ¹/₂ turn left stepping back on R (6:00) [S3] Back w/ Cross Touch, Fwd, Fwd, Rock Fwd, 1 and 1/4R Roll, Cross Rock-1/4L Cross touch R toe whilst stepping back on L (optional: twist your body to the corner 4:30, crossing arms over chest like you are hugging) 23 Step forward on R (6:00), Step forward on L Rock forward on R, Recover weight on L** 4& 56& Make a ¹/₂ turn right stepping forward on R, Make a ¹/₂ turn right stepping back on L, Make a 1/4 turn right stepping R to the side (9:00) 78& Rock L across R, Recover weight on R, Make a ¼ turn left stepping forward on L (6:00) [S4] Step-Pivot 1/4L, Cross-1 and 1/4R Turn Back, Reverse Rocking Chair 12 Step forward on R, Make a ¼ turn left recover weight on L (3:00) 3& Cross R over L, Make a ¹/₄ turn right stepping back on L (6:00) 4& Make a ¹/₂ turn right stepping forward on R, Make a ¹/₂ turn right stepping back on L (6:00) 56 Rock back on R, Recover weight on L 78 Rock forward on R, Recover weight on L

Restart on Wall 1 (6:00) and 4 (12:00) count 20&**

TAG: 4 Count Tag: The end of Wall 6 (12:00) - Back, L Full Circle Run w/ Sweep, Fwd Rock

- 1 2&3 Step back on R (1), Making a smooth circle run left turn on L-R-L (12:00) and sweep R foot around (2&3)
- 4& Rock forward on R, Recover weight on L

Ending suggestion: The last wall, dance up to count 24 (3:00), then Step-Pivot 1/2L to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 31/Mar/21)



拍数: 32

1

墙数:2