Soul-Stirring

拍数: 32

级数: Improver Cha Cha

编舞者: Jef Camps (BEL) & Roy Verdonk (NL) - April 2021

音乐: Beautiful Girls - Roman Alexander

S1: Cha Cha Time Steps, Slow Walks Fwd, Mambo ¼ Turn	
1-2&	RF step side, LF step together, RF step in place
3-4&	LF step side, RF step together, LF step in place
5-6-7	RF step forward, LF step forward, RF step forward
8&1	LF rock forward, recover on RF, ¼ turn L & LF step side (9:00)
S2: Cross Rock/Recover, Chasse, Cross, Side, Sailor Step/Sway	
2-3	RF rock across LF, recover on LF
4&5	RF step side, LF close next to RF, RF step side
6-7	LF cross over RF, RF step side
8&1	LF cross behind RF, RF step side, LF step side & sway hip L
S3: Sways R-L, Cross Mambo, Side, Cross, Back, Step-Lock-Step Bwd	
2-3	Sway hip R, sway hip L
4&5	RF rock across LF, recover on LF, RF step side
6-7	LF cross over RF, RF step back
8&1	LF step back, RF lock in front of LF, LF step back
S4: Back Rock/Recover, ½ Back, Big Step Back, Drag, Together, Step-Lock-Step	
2-3	RF rock back, recover on LF
4-5	1/2 turn L & RF step back, LF big step back (3:00)
6&	drag RF towards LF, RF close next to LF
7&8	LF step forward, RF lock behind LF, LF step forward
Start again & have fun.	
Restarts: -	

Restarts: -*In wall 3 after 12& counts you add following steps before restarting the danceSways R-L-R-L5-6-7-8RF step side & sway R, sway L, sway R, sway L

*In wall 7 after 12& counts restart the dance





墙数:4