

Infectious

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: High Intermediate
编舞者: Satu Ketellapper (NL) & EWS Winson (MY) - April 2021
音乐: Infectious (feat. Snoopy Dogg) - Charlie Wilson



Intro: 32 counts in (approx. 0.19 sec)

#1 (1-8) R Side Kick-Hitch-Close, Body Roll, L Modified Rolling Vine (L) with L-R Kicks

- 1&2 Weight on LF: Kick RF to R side (1), lift R knee beside LF (&), close RF next to :LF (2) 12.00
3-4 Roll body from head to hips (3), transfer weight on RF (4) 12.00
5&6& Turn ¼ L kicking LF forward (5), step LF forward (&), turn ¼ L kicking RF forward (6), turn ¼ L back stepping RF back (&) 3.00
7&8 Turn ¼ L kicking LF forward (7), step LF to L side (&), kick RF to R side (8) - you may also kick RF across L knee 12.00

#2 (9-16) R Slide, L Close, Chest Pump, L Side Point, Body Turn ¼ (L), R Pivot ½ (L)

- 1-2 Slide RF to R side slightly facing R diagonal (1), close LF beside RF (2) 1.30
&3&4 Push chest forward and contract for 2 times (&-3-&-4) 1.30
5-6 Point L toes to L side squaring body to original wall (5), turn body to ¼ L placing weight on LF (6) - you may flick RF back while turning ¼ L 9.00
7-8 Step RF forward (7), turn ½ L over L shoulder (8) 3.00

#3 (17-24) R-L Kick Ball Point, R Jazz Box ¼ (R)

- 1&2 Kick RF forward (1), step RF in place (&), point L toes to L side (2) 3.00
3&4 Kick LF forward (3), step LF in place (&), point R toes to R side (4) 3.00
5-8 Cross RF over LF (5), turn ⅛ R stepping LF back (6), turn ⅛ R stepping RF to R side (7), close LF beside RF (8) - no weight 6.00

#4 (25-32) R&L Syncopated Jumping Applejacks, L Side with Body Roll, R Close, L Side Kick-Hitch-Close

- 1&2& Slightly jump L heel forward fanning L toes out to L side whilst turning R heel in (1), return both heel and toes to centre (&), slightly jump R heel forward fanning R toes out to R side whilst turning L heel in (2), return both heel and toes to centre (&) 6.00
3&4 Slightly jump L heel forward fanning L toes out to L side whilst turning R heel in (3), return both heel and toes to centre (&), slightly jump L heel forward fanning L toes out to L side whilst turning R heel in (4) 6.00

Easier option: Swivel both heels to L-R-L-R (1-2-3-4)

- 5-6 Step LF to L side rolling body to L side (5), close RF beside LF (6) 6.00
7&8 Kick LF to L side (7), lift L knee beside RF (&), close LF next to :RF (2) *** 6.00

Restart here on Wall 7. Begin the dance again, facing 6.00 o'clock.

#5 (33-40) R Hitch, R Hitch ¼ (R), R Coaster Step, L Pivot ¼ (R), R&L Syncopated Knee Rolls In & Out

- 1-2 Lift R knee beside LF (1), turn ¼ R lifting R knee beside LF (2) 9.00
3&4 Step RF back (3), close LF next to RF (&), step RF forward (4) 9.00
5-6 Step LF forward (5), turn ¼ R over R shoulder (6) 12.00
&7&8 Roll both knees inward and outward for 2 times (&-7-&-8) - place weight on LF 12.00

#6 (41-48) R Sailor Step, L Sailor Step, R Pivot ½ (L), Full Spin (L)

- 1&2 Cross RF behind LF (1), step LF to L side (&), step RF to R side (2) 12.00
3&4 Cross LF behind RF (3), step RF to R side (&), step LF to L side (4) 12.00
5-6 Step RF forward (5), turn ½ L over L shoulder (6) 6.00
7-8 Make a full spin L over L shoulder for 2 counts bringing RF beside LF (7-8) - maintain weight on LF 6.00

Website: <https://sites.google.com/view/dancejournal>
