# One Wednesday Morning (Un Bore Mercher)

**拍数:** 36

级数: Improver

编舞者: Sophie Stevens (UK) - April 2021

音乐: Love - Amy Wadge : (Album: Keeping Faith: Series 3)

墙数:4

Music available on iTunes, Spotify and Amazon.

(2x6) Count Intro (Waltz timing)

# S1. R Forward Basic Step, L Back Basic Step

- 1-2-3 Step forward right, step left next to right, step right in place next to left
- 4-5-6 Step back left, step right next to left, step left in place next to right
- S2. R 1/2 Basic Step, L Back Basic Step
- 1-2-3 Step forward right, ½ turn right stepping back on left, step right in place next to left
- 4-5-6 Step back left, step right next to left, step left in place next to right

## S3. R Twinkle, L Weave (cross, side, behind)

- 1-2-3 Cross right over left, step left to left side, step right to right side
- 4-5-6 Cross left over right, step right to right side, cross left behind right

## S4. R Sway, L Sway (transfer weight from foot to foot)

- 1-2-3 Step right to right side, hold (count 2, 3)
- 4-5-6 Step left to left side, hold (count 5, 6)

#### S5. R Cross, Side, Behind, R ¼ L Behind, Side, Cross

- 1-2-3 Cross right over left, step left to left side, cross right behind left
- 4-5-6 <sup>1</sup>/<sub>4</sub> Turn right crossing left behind right, step right to right side, cross left over right

# S6. R Forward, L Kick, Hold, L Back, R Drag, Hook

- 1-2-3 Step right forward, kick left forward, hold
- 4-5-6 Step left back, drag right to meet left, hook right in front of left

#### No Tags, No Restarts

Ending: Step Forward Right, Step Forward Left, 1/4 Left Sweeping Right to Right Side to Finish.



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