What Type of X



拍数: 48 墙数: 2 级数: Phrased Improver

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音乐: What Type of X - Jessi



Intro: 16 Counts

Sequence: A / B, B, Tag / B, Tag / B, B, Tag / B, B / A, Tag / B

Part A (16C)

A1: Side, Together, Hitch, Side, Together & Hitch, Side, Heel Grind, Back, Rock Back/Recover

1-2 Step R to right side, Step L beside R

&3&4 Hitch R, Step R to right side, Step L beside R with Hitch R, Step R to right side 5-6 L heel across R starting with toe turn in then grind heel turning toe out, Step R back

7-8 Rock L back, Recover on R

A2: (Repeat A1 to left) / Side, Together, Hitch, Side, Together & Hitch, Side, Heel Grind, Back, Rock Back/Recover

1-2 Step L to left side, Step R beside L

&3&4 Hitch L, Step L to left side, Step R beside L with Hitch L, Step L to left side

5-6 R heel across L starting with toe turn in then grind heel turning toe out, Step L back

7-8 Rock R back, Recover on L

Part B (32C)

B1: Prissy Walk (R-L), Cross-Back-Side, Prissy Walk (L-R), Cross, 1/4Turn L & Back, Side

1-2 Step R across L, Step L across R

3&4 Cross R over L, Step L back, Step R to right side

5-6 Step L across R, Step R across L

Cross L over R, 1/4turn L stepping R back, Step L to left side 7&8

B2: Cross Shuffle, Kick-Behind-Side, Toe Strut, Touch (Out-In-Out-In)

1&2 Cross R over L, Step L to left side, Cross R over L

3&4 Kick L forward to diagonal left, Step L behind R, Step R to right side

5&6& Touch L toe across R, R heel drop with lower L knee, Touch R toe to right side, Drag R toe

towards L.

7-8 Touch R toe to right side with raise L knee, Touch R toe beside L

B3: 1/4Turn R & Cross Shuffle, 1/2Turn L & Cross Shuffle, Side Rock/Recover, Together, Side, Touch

1&2 Make 1/4turn R stepping R across L, Step L to left side, Cross R over L 3&4 Make 1/2turn L stepping L across R, Step R to right side, Cross L over R

5-6& Rock R to right side, Recover on L, Step R beside L

7-8 Step L to left side, Touch R toe beside L

B4: Kick-Ball-Back Rock/Recover X2 (R-L), Side & Bumps-Hitch X2

1&2& Kick R forward, Slightly Back on R, Rock L back, Recover on R.(With body rolling back) 3&4& Kick L forward, Slightly Back on L, Rock R back, Recover on L. (With body rolling back)

5&6 Step R to right side & bump hip to right, Bump hip to left, Hitch L knee up 7&8 Step L to left side & bump hip to left, Bump hip to right, Hitch R knee up

*Easy Tags (4counts): Jazz Box-Cross

1-2 Cross R over L, Step L back

3-4 Step R to right side, Cross L over R

Enjoy Dancing Always!

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