

# Baby Rock My Life

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner / Improver  
编舞者: Claudia Arndt (DE) - April 2021  
音乐: Rock My Life - Jeanette Biedermann



**Start:** The dance begins with the singing.

## **Section 1 - Touch Forward R, Touch Side R, Coaster Step, Touch Forward L, Touch Side L, Coaster Step,**

1-2      Touch RF at the front, Touch RF sideways on the right side,  
3&4      RF step back - step LF beside RF - RF step forward,  
5-6      Touch LF at the front, Touch LF sideways on the left side,  
7&8      LF step back - step RF beside LF - LF step forward,

**Tag:** Wall 9 after 8 counts ( 6 o'clock )

**Restart :** Wall 12 after 4 Counts

## **Section 2 - 4 x Walk R/L/R/L ,Together , 2 x Jump Rock Back, Stomp R/L,**

1-2      RF step forward, LF step forward,  
3&4      RF step forward, LF step forward, set RF next to the LF,  
5&6      RF with a small jump to the back, LF slightly lift and set off, RF next to the LF stomping,  
7&8      LF with a small jump to the back, RF slightly lift and set off, LF next to the RF stomping,

**Tag:** Wall 2, 4, 6 after 4 counts. ( 6 o'clock )

## **Section 3 - Side Touch R, Together, Side Touch R, Behind-Side-Cross, Side Touch L, Together, Side Touch L, Behind-Side-Cross**

1&2      RF touch sideways to the right, Touch RF beside LF, RF touch sideways to the right,  
3&4      RF cross behind LF, Step left with LF, RF in front of LF cross,  
5&6      LF touch sideways to the left, Touch LF beside RF, LF touch sideways to the left,  
7&8      LF cross behind RF, Step left with RF, LF in front RF cross,

## **Section 4 - Step Side R, Touch Behind, Step Side L, Touch Behind, Side Step R, ¼ Turn L, ½ Turn L, Together,**

1-2      RF step to the right, Touch LF behind RF,  
3-4      LF step to the left, Touch RF behind LF,  
5-6      RF to the right, ¼ Turn left, LF step to the left ( 9 o'clock )  
7-8      ½ Turn to the left, set RF to the right, LF next to RF ( 3 o'clock )

**Tag:** Wall 10 after 4 counts ( 6 clock )

The dance starts all over again.

## **Tag: Step Forward, Hold, Slow ½ Turn L**

1-2      RF step forward, hold (12 o'clock)  
3-4      Slowly a 1/2 turn to the left, on both sides (6 o'clock)

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