Friday Night Blues

级数: Beginner

编舞者: Yvonne (Krause) Halsey (USA) - September 2020

音乐: Friday Night Blues - John Conlee

#32 Count Intro: 1 Restart - 1 Tag

拍数: 32

[1-8] ROCK RECOVER, LOCK STEP BACK, SHUFFLE ½ LEFT, SHUFFLE FRWD

- 1-2 Rock forward on right, recover onto left.
- 3&4 Step back on right, cross left over right, step back on right.
- 5&6 As you start a ¹/₂ turn left shuffle stepping left, right left. (6:00)
- 7&8 Shuffle forward stepping right, left, right.

[9-16] ROCK RECOVER, COASTER, STEP POINT, STEP POINT

- 1-2 Rock forward on left, recover onto right.
- 3&4 Step back on left, step right next to left, step forward on left.
- 5-8 Step forward right, point left to side, step forward left, point right to side.

[17-24] JAZZ BOX W/CROSS, SCISSOR STEP

- 1-4 Cross right over left, step back on left, step right to right side, cross right over left.
- 5-8 Rock right to right side, step left next to right, cross right over left and hold.

[25-32] STEP DRAG, ROCK BACK RECOVER, MONTEREY W/1/4 TURN

- 1-4 Take a big step left, drag right foot to left, rock back on right, recover onto left.
- 5-6 Point right to side, on ball of left foot turn 1/4 right stepping down on right. (9:00)
- 7-8 Point left to left side, step left next to right.

Restart: At the end of the fifth wall facing 6:00 leave out the Monterey and restart. Tag: At the end of the 11th wall facing 3:00 there is a four-count tag just sway R,L,R,L.

May You Always Dance Like No One Is Watching Contact: ykrause@yahoo.com





墙数:4