Out of the Embers



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Ross Brown (ENG) - April 2021

音乐: Embers - James Newman: (CD: Embers - Single)



Intro: 8 Counts (Approx. 3 Seconds)

Tag 1: At the End of Wall 1, dance the full 12 Counts of the Tag. (See end of Script)

Tag 2: At the End of Wall 4, dance Counts 1 - 8 & of the Tag. (See end of Script)

DOROTHY STEPS - R & L. STEP. KICK, BALL 1/4 TURN L, SIDE POINT. FLICK 1/4 TURN R.

1 - 2 &	Step R forward to R diagonal, lock L behind R, step R forward.
3 - 4 &	Step L forward to L diagonal, lock R behind L, step L forward.

5 Step R forward.

6 & 7 Kick L foot forward, make a ¼ turn L stepping L to L, point R to R.

8 Make a ¼ turn R stepping R forward & flick L foot back. (12 O'CLOCK)

SIDE 1/4 TURN R. SAILOR CROSS 1/2 TURN R. HEEL BOUNCE. (1/4 TURN L) SAMBA STEPS - R & L.

1	Make a 1/4 turn R	stepping L to L
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2 & 3	Make a ½ turn R stepping; R behind L, L to L, R over	L.

& 4 Lift both heels, place both heels.

5 & 6 Make a ¼ turn L stepping L across R, step R to R, step L next to R. 7 & 8 Cross step R over L, step L to L, step R next to L. (6 O'CLOCK)

CROSS, HOLD. BALL 1/4 TURN L, HEEL, HOLD. VAUDEVILLE STEP. CROSS, SIDE ROCK.

1 - 2 Cross step L over R, hold for Count 2.

& 3 - 4 Make a ¼ turn L stepping R back, tap L heel to L diagonal, hold for Count 4.

& 5 & 6 & Step L next to R, cross step R over L, step L to L, tap R heel to R diagonal, step R next to L.

7 & 8 Cross step L over R, rock R to R, recover onto L. (3 O'CLOCK)

CROSS, SIDE. BEHIND, SIDE, CROSS. SIDE ROCK 1/4 TURN R. SHUFFLE FORWARD.

1 - 2	Cross step R over L	step L to L.
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3 & 4 Cross step R behind L, step L to L, cross step R over L.

5 - 6 Rock L to L, make a ¼ turn R recovering onto R.

7 & 8 Step L forward, close R up to L, step L forward. (6 O'CLOCK)

OFF-BEAT KICK SWITCHES. SIDE ROCK. X2.

& 1 & 2	Kick R foot forward, step R next to L, kick L foot forward, step L next to R.
& 3 & 4	Kick R foot forward, step R next to L, rock L to L, recover onto R.

& 5 & 6
& 7 & 8
Kick L foot forward, step L next to R, kick R foot forward, step R next to L.
& 7 & 8
Kick L foot forward, step L next to R, rock R to R, recover onto L. (6 O'CLOCK)

JAZZ BOX. HITCH, TOUCH BACK, SIT DOWN, STAND UP.

1 - 2 - 3 - 4 Cross step R over L, step L back, step R to R, step L forward.

5 - 6 - 7 - 8 Hitch R knee up, touch R back, sit down onto R hip, stand up. [Weight onto L](6 O'CLOCK)

END OF DANCE!

TAG: STEP, BOUNCE ½ TURN L, BALL. X2. STEP, PIVOT ½ TURN L. WALK FORWARD.

1 - 2 - 3 - 4 & Step R forward, over 3 counts bounce a ½ turn L raising heels, step L next to R.

5 - 6 - 7 - 8 & Repeat Counts 1 - 2 - 3 - 4 & of the Tag.

9 - 10 - 11 - 12 Step R forward, pivot a ½ turn L, walk forward; R, L.

Note: The 'Pivot ½ Turn L' should feel a little ahead of Count 10 when danced to the music.

