Family of Choice

拍数: 32

级数: Intermediate

编舞者: Nathan Gardiner (SCO) - April 2021

音乐: Chosen Family - Rina Sawayama & Elton John

墙数:2

Intro: 36 counts, approx. 30 secs into track

S1: Side R, Behind	l, Side R, Cross,	Side R, Together,	Cross, ¼ R,	1⁄2 R, 1⁄4 R, I	Rock Back, I	Recover, ¼ L, ¼ L
1 Ste	ep R to R side					

- Step R to R side
- 2&3 Step L behind R, Step R to R side, Cross L over R
- &4& Step R to R side, Step L next to R, Cross R over L
- 5-6& ¼ R stepping back on L, ½ R stepping forward on R, ¼ R stepping L to L side
- 7& Rock back on R, Recover on L
- 8& ¼ L stepping back on R, ¼ L stepping L to L side

S2: Cross Rock, Recover, Ball, Cross with Sweep, Weave L with Sweep, Step Back with Sweep, Step Back with Sweep, Coaster Step

- 1-2 Cross rock R over L, Recover on L
- &3 Step R slightly to R side, Cross L over R sweeping R from back to front
- 4&5 Cross R over L, Step L to L side, Step R behind L sweeping L from front to back
- 6-7 Step back on L stepping R from front to back, Step back on R sweeping L from front to back
- 8&1 Step back on L (Restart point on walls 2&7), Step R next to L, Step forward on L

S3: Mambo ½ R, ½ R, ½ R, ½ R, ½ R, ¼ R, Rock Back, Recover, Side Rock, Recover, Cross Rock, Recover

- 2&3 Rock forward on R, Recover on L, ¹/₂ R stepping forward on R
- &4& ½ R stepping back on L, ½ R stepping forward on R, ½ R stepping back on L
- 5-6& ¼ R stepping R to R side, Rock back on L, Recover on R
- 7& Rock out to L side, Recover on R
- 8& Cross rock L over R, Recover on R

S4: Side L, Rock Back, Recover, Side R, Rock Back, Recover, $\frac{1}{4}$ R, Step Back with Sweep, Step Back with Sweep, Sailor $\frac{1}{2}$ R

- 1-2& Step L to L side, Rock back on R, Recover on L
- 3-4& Step R to R side, Rock back on L, Recover on R
- 5-6 1⁄4 R stepping back on L sweeping R from front to back, Step back on R sweeping L from front to back
- 7-8& Step back on L sweeping R from front to back, Step R behind L, ½ R stepping L next to R

Restart: On walls 2 and 7 dance 16 counts then restart the dance

Tag: End of wall 3Sway R, L, R, L1-2Sway to R side, Sway to L side3-4Sway to R side, Sway to L side

Contact: nathan.gardiner1998@hotmail.co.uk

Last Update - 30 April 2021



