Ram Pam Pam

拍数: 48

级数: Phrased Improver

编舞者: Roosamekto Mamek (INA) - May 2021

音乐: Ram Pam Pam - Natti Natasha & Becky G.

Intro: 16 count (on vocals)

SEQUENCE: A,B,B,A, A,B,B,A, A,B,B,A, A16

PART A (32 COUNT)

A1. SCISSOR STEP, SIDE, BOTAFOGO, CROSS ROCK, BOTAFOGO

- 1&2& Step R to side Step L together Cross R over L Step L to side (12:00)
- 3&4 Cross R over L Rock L to side Recover on R
- 5&6& Cross/Rock L over R Recover on R Rock L to side Recover on R
- 7&8 Cross L over R Rock R to side Recover on L (12:00)

A2. SAILOR STEP RIGHT & LEFT, CROSS ROCK, COASTER STEP TURN 1/4 RIGHT

- 1&2 Cross R behind L Step L together Step R to side (12:00)
- 3&4 Cross L behind R Step R together Step L to side
- 5&6& Cross/Rock R over L Recover on L Rock R to side Recover on L
- 7&8 Cross R behind L Turn 1/4 right step L together Step R forward (3:00)

A3. FORWARD MAMBO, BACK MAMBO, VOLTA TURN 3/4 LEFT

- 1&2 Rock L forward Recover on R Step L back (3:00)
- 3&4 Rock R back Recover on L Step R forward
- 5&6& Step L forward Step R together Turn 1/4 left cross L over R Step R together
- 7&8 Turn 1/4 left cross L over R Step R together Turn 1/4 left cross L over R (6:00)

A4. SIDE CHASSE, TOUCH, SIDE CHASSE, JAZZ BOX CROSS

- 1&2& Step R to side Step L together Step R to side Touch L together (6:00)
- 3&4 Step L to side Step R together Step L to side
- 5-8 Cross R over L Step L back Step R to side Cross L over R (6:00)

PART B (16 COUNT)

B1. SAMBA WHISK RIGHT & LEFT, SIDE MAMBO RIGHT & LEFT

- 1&2 Step R to side Rock L behind R Recover on R (6:00)
- 3&4 Step L to side Rock R behind L Recover on L
- 5&6 Rock R to side Recover on L Step R together
- 7&8 Rock L to side Recover on R Step L together (6:00)

B2. SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS

- 1&2& Step R to side Touch L together Step L to side Kick R diagonal to right (6:00)
- 3&4 Cross R behind L Step L to side Cross R over L
- 5&6& Step L to side Touch R together Step R to side Kick L diagonal to left
- 7&8 Cross L behind R Step R to side Cross L over R (6:00)

REPEAT

For more info about step sheet & song, please contact: Mamek : Roosamekto.Nugroho@gmail.com





墙数:2