Nola Dangdut



编舞者: Lalita Atikandhari (INA) & Tono Bandung (INA) - May 2021

音乐: Ampun Bang Jago - Vita Alvia



Tag 1: 12counts Tag 2: 12counts Tag 3: 8counts

Sequence: A1, A1, TAG 1, A2, A2, TAG 2, B, B, A1, A2, C, C, TAG 3, A2, A2

A2 : There is a change in the footsteps of A1 S2 counting 5678, the hip Roll movement becomes (diagonal back step-close) RL, other movements A1 are the same as A2

Intro 8 counts

A #S1 (DIAGONAL STEP FORWARD - CLOSE - DIAGONAL STEP FORWARD - TOUCH) RL

1-2	Step R diagonal forward, Step L together
3-4	Step R diagonal forward, Touch L beside R
5-6	Step L diagonal forward, Step R together
7-8	Step L diagonal forward. Touch R beside L

A #S2 DIAGONAL BACK STEP - CLOSE TOUCH - DIAGONAL BACK STEP - CLOSE TOUCH - HIP ROLL

1-2 Step R diagonal back, Touch L beside R3-4 Step L diagonal back, Touch R beside L

5-8 Hip Roll from left to left

(Here the steps change when A2, the hip Roll movement becomes : (5)Step R diagonal back, (6)Touch L beside R, (7)Step L diagonal back, (8) Touch R beside L

A #S3 ROCKING CHAIR - FORWARD ROCK - COASTER STEP

1-2	Step R forward, Recover on L
3-4	Step R backward, Recover on L
5-6	Step R forward, Recover on L

7-&-8 Step R back, Step L back together, Step R forward

A #S4 ROCKING CHAIR - BODY WAVE

1-2	Step R forward, Recover on L
3-4	Sep R backward, Recover on L

5-7 Bodywave (Wave the body from head, shoulder, chest, rib, stomach, hip, pelvic and finally

sitting potition)

8 Close L together

TAG 1 & TAG 2 : SIDE STEP WITH RAISE HANDS UP - SWAY WITH MOVE HANDS DOWN IN FRONT FACE

1-4	{(1)Step R to side, (2-4)Hold} with extend arms to sides and then lift them up
5-12	{(5)Sway hip R, (6)Touch L, (7)Sway hip L, (8)Touch R, (9)Sway hip R, (10)Touch L,
	(11)Sway hip L, (12)Touch R } with move hands lower it in front of the face

B #S1 PADDLE TURN WITH HIP BUMP - 1/4 TO LEFT PADDLE TURN WITH HIP BUMP 3X

1-2	Step R to side with bump hip to right, Recover on L with bump hip to left
3-4	1/4 to left step R to side with bump hip to right (9.00), Recover on L with bump hip to left
5-6	1/4 to left step R to side with bump hip to right (6.00), Recover on L with bump hip to left
7-8	1/4 to left step R to side with bump hip to right (3.00), Recover on L with bump hip to left

B #S2 (CROS	S, TOUCH)RL 2X - (BACK, TOUCH)2X WITH SHIMMY SHOULDER
1-2	Cross R over L, Touch L to side
3-4	Cross L over R, Touch R to side
5-6	(Step R back, Touch L to side) with shimmy shoulder
7-8	(Step L back, Touch R to side) with shimmy shoulder
B #S3 1/4 TO	RIGHT JAZZ BOX 2X
1-2	Cross R over L, 1/4 turn right step L back (6.00)
3-4	Step R to side, Step L forward
5-6	Cross R over L, 1/4 turn right step L back (9.00)
7-8	Step R to side, Step L forward
*B #S4 DIAGOI WITH HIP BUM	NAL FORWARD TOUCH WITH HIP BUMP RL - 1/4 RIGHT DIAGONAL FORWARD TOUCH
1-2	Touch R diagonal forward with bump hip to right, Step R beside L
3-4	Touch L diagonal forward with bump hip to left, Step L beside R
5-6	1/4 turn right touch R diagonal forward with bump hip to right (12.00), Step R beside L
7-8	Touch L diagonal forward with bump hip to left, Step L beside R
C #S1 1/4 TUF	RN LEFT CHASSE R - CLOSE TOUCH - 1/4 TURN LEFT CHASSE L - CLOSE TOUCH
1-2	1/4 Turn left step R to side (9.00), Step L together
3-4	Step R to side, Close touch L beside R
5-6	1/4 Turn left step L to side(6.00), Step R together
7-8	Step L to side, Close touch R beside L
C #S2 1/4 TO	LEFT CHASSE R - CLOSE TOUCH - 1/4 TO LEFT CHASSE L - CLOSE TOUCH
1-2	1/4 Turn left step R to side (3.00), Step L together
3-4	Step R to side, Close touch L beside R
5-6	1/4 Turn left step L to side (12.00), Step R together
7-8	Step L to side, Close touch R beside L
C #S3 CHANG	SE WEIGHT RL 2X, SIDE, CLOSE, SIDE, TOUCH
1-2	Step R to side with bump hip to right, Recover on L with bump hip to left
3-4	Recover on R with bump hip to right, Recover on L with bump hip to left
5-6	Step R to side, Step L beside R
7-8	Step R to side, Touch L beside R
(Styling hands l	like holding the cellphone to the ear alternately to the right and to the left)
C #S4 CHANG	GE WEIGHT LR 2X, SIDE, CLOSE, SIDE , TOUCH
1-2	Step L to side with bump hip to left, Recover on R with bump hip to right
3-4	Recover on L with bump hip to left, Recover on R with bump hip to right
5-6	Step L to side, Step R beside L
7-8	Step L to side, Touch R beside L
(Styling hands l	like holding the cellphone to the ear alternately to the right and to the left)
TAG 3 SIDE S	TEP WITH HIP BUMP AND MOVE HANDS UP AND DOWN
1-2	Body facing diagonally to left Step R to side with bump hip to right and move right hand up and left hand down, Bump hip to left with right hand down and left hand up
3-4	Bump hip to right and move right hand up and left hand down, Bump hip to left with right
	hand down and left hand up
5-6	Body facing diagonally to right Bump hip to right and move right hand up and left hand down, Bump hip to left with right hand down and left hand up

Bump hip to right and move right hand up and left hand down, Bump hip to left with right

7-8

hand down and left hand up

