Just Messing Around

级数: Easy Beginner

编舞者: Judy Brannon (USA) - May 2021

音乐: Dance the Mess Around - Chubby Checker

(alternate music) Mess Around by Ray Charles

Start on the word "pony"

拍数: 32

Section 1 : Vine 4, Side touch, Side touch

1-4 Step R to side, Step L behind R, Step R to side , Cross L over R 5-8 Step R to side touch L beside R, Step L to side, touch R beside L

Section 2: Step Hold, Turn 1/4 L Hold, Jazz Box in place

- 1-4 Step R forward, Hold, pivot 1/4 left... Step on L, Hold
- 5-8 Cross R over L, Step back on L, Step back on R, Touch L beside R

Section 3: Charleston X 2

- 1-4 Step R Fwd, Kick L , Step L Back, Touch R beside L
- 5-8 Step R Fwd, Kick L , Step L Back, Touch R beside L

Section 4: K Step

- 1-2 Step R diagonally forward, touch L beside R
- 3-4 Step L diagonally back, touch R beside L
- 5-6 Step R diagonally back, touch L beside R
- 7-8 Step L diagonally forward, touch R beside L





墙数: 4