It's Too Long (MVCb4)

级数: Improver

编舞者: NonaRindi (INA) - May 2021

音乐: Way Too Long - Nathan Dawe, Anne-Marie & MoStack

Start On Vocal (after Rap) Tag after Wall 7 facing 06.00

拍数: 32

Section 1: Big step, Behind side cross, Hold Rock Recover

- 1,2 Big step R side, hold
- 3,4 Step L behind , step R Side
- 5,6 Cross L over, hold
- 7,8 Rock R Side, recover on L

Section 2: Behind side cross, Rock turn recover, Coaster step, Knee pop LR

- 1&2 Step R behind, step L side, cross R over
- 3,4 Rock L Side, ¼ turn left recover on R
- 5&6 Step L back, close R together, Rock L forward
- 7,8 Recover on R with L knee pop AST, Recover L with R knee pop AST

Section 3: Botafogo, Pivot turn, Botafogo, Pivot turn

- 1&2 Cross R over, rock L side, recover R on
- 3,4 Step L forward, ¼ turn right BW on R
- 5&6 Cross L over, rock R side, recover on L
- 7,8 Step R forward, ¹/₂ turn left BW on L

Section 4: Rocking chair, Forward Hitch, Back touch

- 1,2 Rock R forward, recover L on
- 3,4 Rock R back, recover L on
- 5,6 Press R forward, hitch L
- 7,8 Step L back, touch R next to L

Tag: Pivot turn, cross Rock Recover

- 1, 2 Step forward, ¹/₂ turn left BW on L
- 3, 4 Rock cross R over, recover on L





墙数: 2