

Higher Power

拍数: 64 墙数: 2 级数: High Intermediate
编舞者: Sonny V. (DE) - 2 June 2021
音乐: Higher Power - Coldplay



(This dance is dedicated to my personal Higher-Power-Person)

#12 second Intro, then 2 beats count in (counts 7,8) - so start dancing in second 13
(just count and dance straight through the first few counts and the little stumble in the beat)

Section 1 [1-8] Right Mambo Cross, ¼ Turn Right Point, Hitch, Down, Rock Back, Recover

1-2-3 RF right - LF step in place - RF cross LF
4 ¼ turn right point out LF (3:00)
5-6 hitch LF up - bring LF down again
7-8 RF rock back - recover on LF

Section 2 [9-16] Step ¼ Turn Left, Cross, Hold, Left Mambo Cross, Hold

1-2-3 RF fwd. - ¼ turn left step on LF (12:00) - RF cross LF
4 hold
5-6-7 LF left - RF step in place - LF cross RF
8 hold

*Restart here in Sequence 4 (6:00)

Section 3 [17-24] Step ½ Turn Left, Fwd., Hold, 1 ½ Turn Right, Sweep Back

1-2-3 RF fwd. - ½ turn left step on LF (6:00) - RF fwd.
4 hold
5-6-7 ½ turn right step on LF (12:00) - ½ turn right step on RF (6:00)
 - ½ turn right step on LF (12:00)
8 sweep RF from front to back

Section 4 [25-32] Behind, Weave Left, Heel, Toe

1-2-3 RF behind LF - LF left - RF cross LF
4-5-6 LF left - RF behind LF - LF left
7-8 R heel touch fwd. - R toes touch next to LF

Section 5 [33-40] Back Rock Recover, Step 3/8 Turn Kick, Back Lock Back Touch

1-2 RF rock back - recover on LF
3-4 RF fwd. - 3/8 turn left and LF kick fwd. into diagonal (7:30)
5-6-7 LF back - RF lock in front of LF - LF back
8 RF touch next to LF

Section 6 [41-48] Rumba Box Fwd, Drag Heel

1-2-3 RF right - LF next to RF - RF fwd.
4 slide LF next to RF
5-6-7 LF left - RF next to LF - LF back
8 drag R heel slightly halfway (weight stays on LF)

Section 7 [49-56] Step ½ Turn Left, Fwd., Hold, Step ½ Turn Right, Fwd. 1/8 Turn Left

1-2-3 RF fwd. - ½ turn left step on LF (1:30) - RF fwd.
4 hold
5-6-7 LF fwd. - ½ turn right step on RF (7:30) - LF fwd. with 1/8 turn left (6:00)
8 hold

**Section 8 [57-64] Right Mambo Cross, Hold, Left Mambo Cross, Hold
(arm moves: whole 8 cts. shaking hands next to your hips)**

1-2-3 RF right - LF step in place - RF cross LF
4 hold
5-6-7 LF left - RF step in Place - LF cross RF
8 hold

***8 ct. Tag - is danced after Sequence 6 (to 6:00) and after Sequence 9 (to 12:00)
- it's a repetition of section 8:**

**Right Mambo Cross, Hold, Left Mambo Cross, Hold
(arm moves: whole 8 cts. shaking hands next to your hips)**

1-2-3 RF right - LF step in place - RF cross LF
4 hold
5-6-7 LF left - RF step in Place - LF cross RF
8 hold

Enjoy dancing!

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