Rose-Colored Reckless

级数: Phrased Intermediate / Advanced

编舞者: Amanda Fox (USA) - April 2021

音乐: Redhead (feat. Reba McEntire) - Caylee Hammack

墙数:4

Order:

A (starting 12:00), B (starting 3:00), C (starting 12:00), A* (starting 3:00), C (starting 6:00), A** (starting 9:00), C (starting 12:00), A** (starting 3:00, ending 6:00) Note: * indicate tags, described below Sequence: A,B,C,A*,C,A**,C,A.

拍数: 120

Phrase A: 39 counts (slowest)

[1-8] K-Step

- 1,2 Step R forward diagonal, Stomp L
- 3,4 Step L back diagonal, Stomp R
- 5,6 Step R back diagonal, Stomp L
- 7,8 Step L forward diagonal, Scuff R, ¼ turn over left L shoulder (3:00)

[9-16] Lock Step, Grapevine

- 1,2 Step R forward, Step L behind
- 3,4 Step R forward, Stomp L
- 5,6 Step L to side, Step R behind
- 7,8 Step L to side, Scuff R, ¼ turn over L shoulder (6:00)

[17-24] Step, Lock, Step, Step together, Cross, Hold, Heel Jack, Hold

- 1,2 Step R forward, Step L behind
- 3,4 Step R forward, Step L
- 5,6 Cross R, Hold
- &7,8 Step L, Heel R, Hold

[25-32] Step, Cross, Hold, Step Heel Jack, Hold, Step, Cross, Hold, Lock, Step, Hold

- &1,2 Step R together, Cross L over R, Hold
- &3,4 Step R, Heel L, Hold
- &5,6 Step L, Cross R over L, Hold
- &7,8 Lock L, Step R, Hold

[33-39] ½ Turn Cross, Hold, Lock, Step, Hold, Partial Jazz Box

- 1,2 ¹/₂ turn over L shoulder (1:30) cross L over R, Hold
- &3,4 Lock R, Step L, Hold
- 5,6 Cross R over L, Step L behind
- 7 Step R to side (Ending 3:00)

Tags:

A* - During counts 33-39;

- 1-6 remain the same
- 7,8 is two stomps R next to L

Start C





A** - On count 32, instead of a hold, stomp L together making 1/4 turn to face 12:00. Omit 33-39 and immediately start C.

When A^{**} repeats the second time, hold count 32, stomp L on count 33 (instead of count 32, like the first time). This is the end of the dance.

Phrase B: 41 counts (only happens once)

[40, 41-47] High Step Shuffles (x2), Rock Step, Coaster Step

- 8&1 High step L forward, Step R together, High step L forward
- 2&3 High step R forward, Step L together, High step R forward
- 4,5 Rock step L, Rock back onto R
- 6&7 Step L back, Step R together, Step L forward

[48, 49-56] Rock Step, Backwards Shuffles (x2), Step, Step

- 8,1 Rock Step R, Rock back onto L
- 2&3 Step R back, Step L together, Step R back
- 4&5 Step L back, Step R together, Step L back
- 6,7 Step R to side, Step L together

[57, 58-65] Slide with a 1/4 turn, Sailor Steps (x2), Step, Step, Kick

- 8,1 Slide R, ¼ turn over L shoulder (End facing 12:00)
- 2&3 Step L behind R, Step R together, Step L to side
- 4&5 Step R behind L, Step L together, Step R to side
- 6,7 Step L behind R, ¼ turn over L shoulder, Step R together
- 8 Kick L forward

[66-73] Step, Forward Shuffles (x2), Step, Stomps (x2),

- 1 Step L forward
- 2&3 Step R forward, Step L together, Step R forward
- 4&5 Step L forward, Step R together, Step L forward
- 6 Step R forward
- 7,8 Stomp L to side, Stomp R to side

[74-81] Hip Bumps (x4), Sailor Step, 3/4 Turning Shuffle

- 1,2 Hip bump L, Hip bump L
- 3,4 Hip bump R, Hip bump L
- 5&6 Step R behind L, Step L together, Step R to side
- 7&8 Step L to side making ½ turn L, Step R together, Step L forward making ¼ turn L

Phrase C: 40 counts (most energetic)

[1-8] Kick forward, Kick back, Kick forward, Kick Back, Kick Forward, Step Back, Coaster Step

- 1&2 Kick R forward, Step R together, Kick L back
- 3&4 Kick L forward, Step L together, Kick R back
- 5,6 Kick R forward, Step R back
- 7&8 Step L back, Step R together, Step L forward

[9-16] Forward Shuffles (x2), 3/4 Two-Step Turn, Side Shuffle

- 1&2 Step R forward, Step L together, Step R forward
- 3&4 Step L forward, Step R together, Step L forward
- 5,6 Step R, ¼ turn over L shoulder, Step L, ½ turn over L shoulder (Ending facing 3:00)
- 7&8 Step R to side, Step L together, Step R to side

[17-24] Forward Shuffle, Knee Hike, ¼ Turn, Sailor Steps (x2)

- 1&2 Step L forward, Step R together, Step L forward
- 3,4 Hike R knee, ¼ turn over left shoulder, Step R to side (Ending facing 12:00)
- 5&6 Step L behind, Step R together, Step L to side
- 7&8 Step R behind, Step L together, Step R to side

[25-32] ¼ Turn, Step, Kick, Knee Hike, ¼ Turn Coaster Step

- 1,2 Step L back, ¼ turn over L shoulder, Step R together
- 3,4 Kick L forward, Step L
- 5,6 Hike R knee, ¼ turn over L shoulder, Step R to side
- 7&8 Step L back, ¼ turn over L shoulder, Step R together, Step L forward

[33-40] R Heel Digs (x2), L Heel Digs (x2), Hip Bumps to L (x 4)

- 1&2& Heel dig R, Lift R, Heel dig R, Step R together
- 3&4& Heel dig L, Lift L, Heel dig L, Step L to side
- 5,6 Hip bump L, Hip bump L
- 7,8 Hip bump L, Hip bump L

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