

She Cares

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Niels Poulsen (DK) - June 2021
音乐: She Cares - Patrick Dorgan



Intro: 8 counts from beginning of track. App. 5 secs. into track. Start with weight on L foot
Restart: On wall 4, starts facing 3:00. Restart happens after 16 counts, facing 12:00

[1 - 8] V-step on heels, R lock step fwd, L mambo step fwd, R coaster step

1&2& Step fwd on R heel to R diagonal (1), step fwd on L heel to L diagonal (&), step R back to centre (2), step L next to R (&) 12:00
3&4 Step R fwd (3), lock L behind R (&), step R fwd (4) 12:00
5&6 Rock L fwd (5), recover back on R (&), step back on L (6) 12:00
7&8 Step back on R (7), step L next to R (&), step R fwd (8) 12:00

[9 - 16] ¼ L into L vaudeville, R vaudeville, L jazz box, touch R next to L

1&2& Start turning ¼ L crossing L over R (1), finish ¼ L stepping R to R side (&), touch L heel fwd to L diagonal (2), step L down (&) 9:00
3&4& Cross R over L (3), step L to L side (&), touch R heel fwd to R diagonal (4), step R down (&) 9:00
5 - 8 Cross L over R bending slightly in L knee (5), step back on R (6), step L a big step to L side (7), slide and touch R next to L (8) ...

*** Restart happens here. See details at top of sheet 9:00**

[17 - 24] Step touch R&L, ½ rumba box, touch together, step touch L&R, ½ L rumba box

1&2& Step R to R side (1), touch L next to R clapping hands (&), step L to L side (2), touch R next to L clapping hands (&) 9:00
3&4& Step R to R side (3), step L next to R (&), step R fwd (4), touch L next to R (&) 9:00
5&6& Step L to L side (5), touch R next to L clapping hands (&), step R to R side (6), touch L next to R clapping hands (&) 9:00
7&8 Step L to L side (7), step R next to L (&), step back on L (8) 9:00

[25 - 32] Shuffle ½ R, run LRL, step ½ L, full turn L

1&2 Turn ¼ R stepping R to R side (1), step L next to R (&), turn ¼ R stepping R fwd (2) 3:00
3&4 Run L fwd (3), run R fwd (&), run L fwd (4) ... Styling: do 'boogie runs' bending in knees (wiggling knees LRL) 3:00
5 - 6 Step R fwd (5), turn ½ L onto L (6) 9:00
7 - 8 Turn ½ L stepping back on R (7), turn ½ L stepping fwd on L (8) ... (non-turny option: walk R&L fwd) ... 9:00

START AGAIN

Ending : Do the first 10 counts of wall 9 (starts facing 12:00). You're now facing 9:00.
When doing the R vaudeville turn ¼ R to face 12:00 on counts 11&12&, then cross L over R on count 13 12:00

Contact: nielsbp@gmail.com