Zapin Babel (Serumpun Sebalai)

级数: Improver

编舞者: Diba Munaf (INA) & Tri Artiyanti (INA) - April 2021

音乐: Rika Aku Nesyh - Zapin Melayu Serumpun Sebalai

(1-8) WALK (4X), BACK SHUFFLE

拍数: 32

1234 Walk fwd R L R L

5&6 Step RF back, Close LF next to RF, step RF back (Body angling diagonal 1/8 R)

Step LF back, Close RF next to LF, step LF back (Body angling diagonal 1/8 L) 7&8

(9-16) ROLLING VINE WITH HITCH (2X)

- 1234 Turn ¼ to R stepping RF fwd, Turn ½ to R stepping LF back, Turn ¼ to R stepping RF to R, hitch LF
- 5678 Turn ¼ to L stepping LF fwd, turn ½ to L stepping RF back, turn ¼ to L stepping LF to L, hitch RF

Easier option : Grapevine R & L with Hitch

(17-24) JAZZ BOX ¼ R, ROCKING CHAIR

Cross RF over LF, step LF back, turn ¼ to R stepping RF to R, step LF fwd 1234

5678 Rock RF fwd, Recover onto LF, Rock RF back, recover onto LF

(25-32) FWD, TOGETHER, 1/4 TURN, HITCH (2X)

Step RF fwd, Close LF next to RF, Turn 1/4 R Stepping RF to R, Hitch LF 1234

Step LF fwd, Close RF next to LF, Turn 1/4 L Stepping LF to L, Hitch RF 5678

Turn 1/4 R to start next wall

RESTART on wall 3 & 9 (after 20 count)

TAG : after wall 6 (12 count) FULL CIRCLE FWD SHUFFLE Do 6x fwd shuffle make a full circle to R

ENDING : Turn 1/4 L & pose

Enjoy the dance!

Contact : dibamunaf@gmail.com





墙数:4